

Alexandra Shymanova



Psychoanalyst and business trainer, co-founder and partner of Psychology Center The Soul, based in Ukraine. For 15+ years worked in the international development. Focus areas: human rights, public health, mental health, corporate social responsibility, grant funding, communication and advocacy. She is currently in Kyiv, providing psychology services to people in need, writing articles and blog, helping people to cope with and recover from war trauma in Ukraine.

Jungian analytically-oriented psychologist, the Founder of Psychological Center in Ukraine "The Soul". Working with individuals and running group sessions online and offline. Currently, working as a crisis therapist and, together with team, busy developing Psychology Crisis Center to help people affected and traumatized by war in Ukraine.