

Liese Groot-Alberts



Liese Groot-Alberts was born in Fryslân, Netherlands. She lives in New Zealand working internationally as a public and keynote speaker, palliative care educator and mentor for healthcare professionals. In 1972 her eldest daughter, aged nearly 3, died suddenly two days after the birth of her son. Through this life-changing experience came her passion for working with healthcare professionals and volunteers. Over a period of several years from 1988, she has worked for Dr. Elisabeth Kübler-Ross as a workshop leader and staff member conducting workshops in New Zealand, Australia, USA, and Europe.

After Dr. Ross' retirement, Liese continued to develop her own workshops and seminars. She conducts trainings in trauma, loss, grief and bereavement, palliative care, as well as self-care for the carer, resilience, spirituality, mentoring and working with difference, finding strength and hope in connectedness. She's conducted lectures, workshops, and seminars in the USA, Europe, Australia, Malaysia, the Philippines, Indonesia, India, Singapore, Samoa, Zimbabwe, and New Zealand. In her presentations and workshops, Liese uses images, poetry, humor, and music as well as sound theoretical underpinning of the material presented.