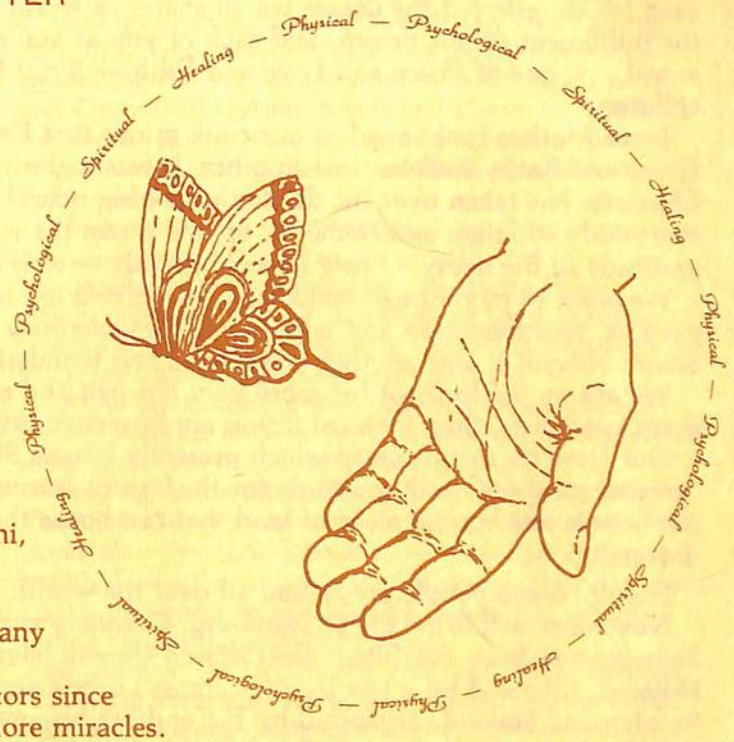
Shanti Nilaya

NEWSLETTER

Number 8, September 1981



A Letter From Elisabeth

Dear Friends,

This is a letter from Valley Center, written on a beautiful Fall Sunday with humming birds, bluebirds, hawks and owls in the sky, salamanders on the front porch and a garden full of cucumbers, tomatoes, zucchini, strawberries, peaches and pears and a kitchen full of canned preserves and fresh vegetables. It is this special place which keeps recharging my battery between the many local and overseas trips. It is truly a House of Peace.

My home has had a great number of very special visitors since the day of the summer solstice and every week brings more miracles. **Jerry Jampolsky** was right when he said: "expect a miracle every day." He, as well as **Hugh Prather** (the author of Notes to Myself), **Vince Healey** (the incredible hospice garden designer), **Hal Broda,** (the Kirlian photography specialist), **Dr. Martin Voessler** from Switzerland, **Beth Weiner** from Jerusalem, **Hussein Tabari** from the Mideast, **Jill and John Konstanturos** and many others merged here almost overnight to offer their help, services, teachings and support for "the new Shanti Nilaya."

The present Shanti Nilaya is undergoing some changes, as is expected after such drastic happenings. Most people have reacted to the latter with great relief, joy and a sense of incredible new energy, excitement and renewed expectations and hope that we can finally become what we have tried to do for such a long time.

Many exciting new things have happened since we wrote to you last. Three new workshops have been added in the last few weeks, all very fruitful and beneficial.

I joined **Tara Singh,** my old friend from the **Foundation for Life Action** in Los Angeles, for an extended weekend workshop at the beautiful Casa de Maria in Santa Barbara. It was very inspiring, as are all my beautiful moments with him, and was probably the most relaxing weekend I have had in years!

Carol Kearns from Mill Valley, California helped to organize the first **Workshop for Bereaved Parents** and I am grateful that we limited the number of participants as the amount of grief and pain shared exceeded many of my Life, Death and Transition workshops and I could only marvel at these parents for the courage, faith and willingness to share the many agonies they had to endure . . . especially parents of murdered children. Their willingness to face their tragedies once more, to grow through the experience and to share the lessons learned gives us the stimulus to offer further workshops of this type, and if you know of any couples or single parents who are interested in participating, let Sheila know and we will plan more such workshops. (We may be able to offer from them Fridays to Sunday nights, so working parents are able to participate without a long absence from work.)

Last week we had our first new adventure in the form of our first [illegible] with your

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continued from the preceding page———

A few moments ago we completed our Ramona Life, Death and Transition Workshop with 80 participants, and I am always awed by and grateful about the willingness of 80 "strangers" to become one group, one family, one sharing in such a short time. We never have enough hours, and although we worked long hours — as usual — there always seems so much undone. We were blessed by a colorful, mixed group of people, some very sick, some young and strong and healthy, some in wheelchairs, some verbal, others silent . . . but as I watched at our campfire on the last evening, they all shared the same common concerns and the song Pam sang for us reflected the dream we all share: "a world without borders . . ." Each workshop brings us closer to the fulfillment of this dream, and each of you as you continue your own work is a building block for the new world . . . one of Peace and Love and Faith — if not for us, then at least for our children and our children's children.

Joyce Mathos functioned as our cook at our first Ramona workshop, with **John Western, Candace Aoki, Lou Coast** and **Kathy Kelleher** assisting her. It was a glorious success and we are proud of our new kitchen crew! **Charlotte** has taken over the driving of the big school bus and has taken on the responsibility of bringing everybody to Julian and Ramona, up and down the winding mountain roads, and we want to express our gratitude to the many — new and old friends — who always pitch in where the need is the greatest.

We want to pay a huge thank you, and give a big hug, to the participants in our Ramona workshop who gave us, spontaneously and with incredible generosity at the conclusion of the workshop, contributions for Shanti Nilaya! It was another unexpected and wonderful blessing!

We are on the lookout for more very efficient and experienced bookkeepers and typist, fund raisers and grant specialists. Step forward if you are interested. We are GROWING!

Our lease on the property which presently houses Shanti Nilaya is up in one year — when we will move to "greener pastures" with gratitude for the lessons learned and a sure knowledge that somewhere behind the university . . .

Shanti Nilaya people are spread all over the world!

November will bring me to **Hamburg, Germany** and back for another **Swiss workshop** — both of which have already been overfilled. Next March we will have lectures in **England** and **workshops** (in English) in **Holland,** followed by a few lectures across Europe and preparations for the fall lectures and **workshops in Sweden and Finland,** organized by Pia and her helpers.

In December I am going to **Egypt** and in February to **India** for three weeks as part of "being good to myself. " I will have an opportunity to lecture in both countries and hopefully meeting President Sadat in Cairo and Sai Baba in India. I will tell you all about it after my return.

This abbreviated schedule naturally does not include this continent, but it will give you an idea about my physical/spiritual well being!!

I don't want to close without telling you that we have been blessed again as we continue in our work with the arrival of more wonderful and dedicated helpers and supporters. Louise (Lou) Coast has come to help us with our gift shop and in our office and she has brought us wonderful new energy and lots of love. And Linda Lyman has arrived on the scene to become our administrator. I know that she is going to be an enormous factor in helping us get our dreams realized and she has come — as usual — at just the right time!

So to all of you who worry and fret about "how things are going to work out" as you face your own daily challenges, try to know and understand that you always get what you need, and that help in the most wonderful forms will always arrive when you least expect it. Until next time . . .

With love and blessings,

Elisabeth

Failure is not fatal, failure to change is.

SOME FACTS OF LIFE . . .

For those of you who have been concerned with the continuation or discontinuation of the formerly called Psychodrama "Barham method" through Shanti Nilaya, you have to give credit to those who started this growth work decades ago and have taught many, many people uninterruptedly — including the Barhams.

The Helen Craw Foundation has been the originator, the teachers and the perpetuators of the psychodrama workshops and has lovingly continued to teach it. For those who are interested in further information, their address in La Mesa (a short distance from here) is printed in this newsletter.

They are also the first group of people who — through expanding and developing the spiritual quadrant — have received much of the teachings that has impressed us so much, including the Universal (Immutable) Laws, which we will (after receiving their permission) publish in our next newsletter. We want to take this opportunity to thank all our friends at the Helen Craw Foundation for their tenacity, their faith and their persistence in teaching Helen's wisdom, in believing in the ultimate truth and in having faith that the truth will eventually be known and

obstructed by: inner conflicts, inner tension, personal, family, vocational and social problems, inadequacies and inferiorities.

The Foundation's project offers a method of resolving these obstacles in an atmosphere of acceptance and strength which aids the individual's naturally unique personality in the unfoldment of his or her own attributes.

The organization itself was founded by Helen Craw, A.B.,B.S., who began her career in the field of human relationships in 1922 as a teacher in San Diego County and City school systems. She taught classes in "family living" from 1931 to 1945, followed by classes in "parent education" sponsored by the San Diego City and County Adult Education Program.

While teaching in that program, Mrs. Craw began private classes in self education in 1945, and it is these classes which have expanded into the Helen Craw Theosophical Foundation, a non-profit lay organization granted a charter by the State of California in 1961 to teach the following theosophical principles:

"An understanding of the individual himself, of the society in which he lives, of his relationship to his fellow man, and of his relationship to his Creator."

The Foundation offers classes for adults and teenagers

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personality structure. Introductory classes are begun each month during the school year. The group offers beginner's classes, intermediate and advance classes, consultant trainee classes and leadership classes.

In addition, the Foundation sponsors Group Meetings offering opportunities for insight, mutual sharing of feelings, and listening; individual consultations providing a setting for resolving personal feelings; and weekend retreats at a beautiful 320-acre site in the Azul Mountains of south San Diego County offering the freedom and seclusion necessary for deep emotional and spiritual guidance.

If one parent or guardian is a student in an adult class, his teenager (under 18) is eligible for the teen program, which offers classes, consultations and retreats as well, all geared to the particular problems and growth needs of the adolescent in today's world.

Complete information on the Helen Craw Theosophical Foundation may be obtained by writing to 7640-B University, La Mesa, California 92041. The Foundation may be reached by telephone at 714-466-2993.

SOMETHING NEW . . .

Elisabeth will be presenting this December a Lecture at Sea as part of a program called **Hands Across the Sea** aboard the **M.S. World Renaissance.** The program will also include two other lecturers — Ruth Montgomery and Elizabeth Nachman — and is part of a special and unique vacation-and-learn pre-Christmas cruise arranged by **Holbrook Travel** in Gainesville, Florida.

The week-long cruise out of San Juan will visit St. Lucia, Guadalupe, Antigua, Barbados and St. Thomas. Dates are **December 5-12, 1981.** Cost for the program at sea is a real bargain — lower than most travel agents charge for a similar vacation without such outstanding speakers presenting programs on board. Reservations on board should be made soon, however, as the berths are being booked rapidly. **Immediate contact should be made with Holbrook Travel, Inc., 3520 N.W. 13th Street, Gainesville, FL 32601. They may be reached by phone at 904/377-7111.**

The Helen Craw book, *The Ma*
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ABOUT THE HELEN C
FOUNDATION . . .

The Helen Craw Theosophical
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universal needs for acceptance,
growth, stength and beauty are
Man's basic nature.

The Foundation believes and
ability to manifest and develop

SEEDS TAKE ROOT . . .

The seeds which have been planted all over the world continue to sprout. Here is some recent correspondence, as well as a list of persons currently involved with us in their own community, either in starting a Shanti Nilaya, or in sponsoring a mutual support group. (Some are doing both!)

If you want to "connect" with us and the work we are doing, check the list below.

TO FRIENDS OF SHANTI NILAYA IN CALGARY:

Anyone who is interested in starting a Shanti Nilaya group in Calgary . . . we need ideas for starting a hospice, a bereaved parents' workshop, a mutual support group, a screaming room in area hospitals, etc., etc. The seeds have been planted. Let's help them grow! Please contact —

Sandra Mato
707-4935 Dalton Dr. N.W.
Calgary, Alberta T3A 2E5
Phone: 288-8762

MARYLAND AND EAST COAST FRIENDS OF SHANTI NILAYA:

We have formally started Shanti Nilaya/East and will incorporate as a non-profit organization within the next few weeks. We are already bringing programs to this area, including a Gregg Furth workshop in Interpretation of Spontaneous Drawings, a grief workshop this fall, and other activities. We hope to plan a big benefit lecture for Elisabeth on the East Coast early in 1982. We are not only "ready to roll," we are rolling! If you would like to be a cog in the wheel, now is the time to connect with us. You will be lovingly welcomed, as will your help and support!

Bill Griswold
Shanti Nilaya-East
P.O. Box 269
Arnold, Maryland 21012

Other Shanti Nilaya contacts:

Australia
Joan Iceton
25 Northcott Street
Armidale, N.S.W. 2350
Australia
067-72-3523
Rita Ward
58 Sailors Bay Rd.
Northbridge, 2063
Sydney, Australia

California
Barbara Baylson
178 Loma Alta
Los Gatos, CA 95030
408-354-8019
Geri Brooks-Ciosek
672 Orange Avenue
Novato, CA 94947
415-892-1794
Carol Kearns
1 Bryon Circle
Mill Valley, CA 94941
415-383-7182
Sue Thoele
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Nevada City, CA 95959
916-265-6026

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403-288-8762

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Bobbi Leone
Shanti Nilaya/Maui
P.O. Box 820
Paia, Maui, HI 96779
808-572-8935

Holland
Danielle Slors, Secr.
Friends of Shanti Nilaya/Holland
De Houtmanstraat 24
6826 PJ Arnhem
Netherlands
085-612714

Illinois
Dave & Lois Thompson
Jack and Val Ragsdale
561 Dogwood Trail
Elk Grove Village, Ill 60007
312-437-4489

Iowa
Hannelore Plein
RR2, Metropolitan Heights
Dubuque, Iowa 52001
319-556-8035

Maine
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Cambridge, MA 02138
617-492-5779
Lee Littlehale
93 Homer Street
Newton, MA 02159
617-527-1085

Michigan
Audrey Harris
4764 Washtenaw, #A3
Ann Arbor, MI 48104

New Hampshire
Watson and Robin Reid
590 E. Mountain Road
Peterborough, NH 03458
603-924-6300

Oregon
Jan Hare
1608 N.W. 23rd St.
Corvallis, OR 97330
503-752-7359

Pennsylvania
Pam MacIsaac
2933 Clearview Road
Alison Park, PA 15101
Beth Kingsley, M.A.
C.M.T.
43 Ivy Mills Road
Glen Mills, PA 19342
215-459-9199

Rhode Island
Paula King
66 Walnut Street
Fall River, RI 02720
617-679-5838

Tennessee
Trish Holst
113 Ogontz Lane
Oak Ridge, TN 37830
615-482-5635

West Germany
Hildegard Kalliner
Klotzenmoor 46
2000 Hamburg 61
West Germany
Anne-Marie Tausch
Universitat Hamburg
Von Melle Park 5
2000 Hamburg 13
West Germany

Wyoming
Jan Flowers
7409 E. Pershing
Cheyenne, WY 82001
307-634-6786

TEXAS FRIENDS . . .

Ed Luke Jr., D.D., is interested in forming a group to work with death and dying concepts in the Dallas-Ft. Worth, Texas area. Persons who wish to connect, offer help, resources, etc. may contact Ed at 3429 Darcy, Ft. Worth. Tel: 332-8238.

GREETINGS FROM HAWAII!!

Shanti Nilaya Maui is entering a period of tremendous growth and learning for all of us connected with it! We have been deeply involved in talking to local people to find out their needs, and, more importantly, to learn from them. The wisdom of the people of Hawaii is ancient, and when we sit down with them to "talk story" we are always blessed with new insight and new understanding.

Our gracious teachers are opening us up to "Ho Oponopono" — a way for people to "resolve their unresolved." It has been a marvelous and enlightening experience — and so beautifully in line with the teachings and purposes of Shanti Nilaya!

As a result of all of this marvelous learning we have received from the people here, we have been asking two questions all over: "How can we best serve you with our vision of Shanti Nilaya?" and "How can we help preserve what you already know, and make this wisdom available to others?" We have been taught about healing herbs and shown many wonderful things. We have come to truly understand that we are the students and the people with whom we come in contact are our teachers.

If you would like to be involved in this learning, or if you are a teacher, we want to connect with you!

Bobbi Leone
P.O. Box F
c/o Shanti Nilaya Maui
Paia, Maui 96779
572-8935

* Wherever there are 5-7 people together in a geographical area who are willing to work together on their mutual growth, unconditional love, sharing and service work of any kind, you can henceforth start a Shanti Nilaya! Requirements for all participants are that they have attended one or more of my LDT workshops, that they know and understand our teachings and philosophy, that they earn their own living (if they require a salary, they have to do their own fundraising) and that they are willing to be available to their fellow men in need.

Bob White, our liaison person, will lovingly work with you on coordination with us, any questions you might have, etc., and you may use him as your contact here as you begin.

Elisabeth.

WHAT SHANTI NILAYA REALLY IS . . .

Very often we receive calls and inquiries from people asking: what is Shanti Nilaya?

Sometimes, if we are in a really big hurry, with five other calls on the line and letters piled high and people needing something "right now," we are tempted to give the answer that's contained in our brochure . . . in shortened form because of space reasons:

"Shanti Nilaya is a growth and healing center founded by Dr. Elisabeth Kubler-Ross in 1977 and situated in the mountains outside of Escondido, California. The organization supports activities throughout the world, including lectures, seminars, workshops, retreats and personal growth programs."

But that answer does not touch the heart of the matter. And because so many of you are now new to our mailing list and others of you have many questions following the changes here in recent months, we think this is a good opportunity to answer the question very fully and more completely.

The words "Shanti Nilaya" are San Skrit for Home of Peace. But that special "home" is not a particular place. It is not a business, not a corporation, not a group of buildings on a plot of ground.

Shanti Nilaya is concept, not concrete. That concept is held in the heart of all who know and truly understand the meaning of unconditional love, and who practice it. The concept behind Shanti Nilaya is that there is a Home of Peace within each of us. When we go there we are safe, and unjudged, accepted and loved without condition. When we go there we find enough room to bring as many into our space of love as there are people around us. There is always enough room, and never a scarcity or a lacking.

"Shanti Nilaya" is not a particular place in Escondido, California, or in Sao Paulo, Brazil, or in Australia or Holland or on the East Coast. It is not a multi-national corporation with branch offices scattered across the map. "Shanti Nilaya" is beauty, not buildings; grace, not ground; courage, not corporations; compassion, not companies; love, not legalities, dedication, not doctoral degrees.

It is people loving people. People caring for others. People growing to know and understand themselves, and their unique place in the universe.

It is true that much of our work has to do with the terminally ill, with dying children, with bereaved parents, with others who have suffered losses in their lives and are dealing with the pain and the anger and the anxiety of that. Yet it is larger than that. It has been inspired by the ever enlarging visions of Elisabeth, and supported by the love of all of you.

We receive many letters from persons asking us how they can become involved in our work in their community. Many of these letter writers tell us they are counselors or hospice organizers, social workers or hospital volunteers, lay ministers and care-givers. And they want to know how they can become "connected" with the mission of Shanti Nilaya.

Of course, we tell them with happiness and joy that they are already doing the work of Shanti Nilaya, and to keep doing it!

And if you are a secretary or an office worker, a policeman or a radio announcer, you, too, are doing the work of Shanti Nilaya if you do what you do out of love, for yourself and others.

The striking fact about Shanti Nilaya is that its largest message can be embraced by people of all religions, backgrounds and experiences, and of all walks of life. You do not have to adopt specific theological doctrines to hear this larger message. You do not even have to be a friend of Shanti Nilaya, because the message is not "ours." It is Universal. And it is beautiful in its simplicity.

There is within each of us a potential for goodness beyond our imagining; for giving which seeks no reward; for listening without judgment; for loving unconditionally.

It is our goal to reach that potential. We can approach it, in ways large and small, every minute of every day, if we try.

When we have found that path, we have built our own "home of peace" inside of ourselves. The "outward" Shanti Nilaya seeks only to help those who are searching and in need to find the "inward" Shanti Nilaya.

There are many of you who have told us you wish to help us by starting a Shanti Nilaya in your area. You have asked us how you can do that. In this newsletter we will be telling you. Butfirst, we wanted you to know exactly what we are all about.

Bob White

WANTED for the GIFT SHOP

Hand-Made Items, White Elephants, Etc.

There is a wonderful way you can help support the work of Shanti Nilaya. Send your hand-made items for us to sell through our Gift Shop. Money from these sales are used to offer partial or complete scholarships to those who could afford to attend because of financial hardship. All contributions of saleable items (which are tax deductible) will be lovingly and gratefully received!

SPIRITUALITY WORKSHOP COMING UP IN CONNECTICUT

All those who have attended a Life, Death and Transition workshop are eligible to come to our next Spirituality Workshop, which continues where we end in our LDT workshops. Couples and friends are welcome to attend together. Let Sheila know if you are interested. They last from Friday night to Sunday night, so you don't have to give up your vacation time!

We schedule them when we have a large enough group together, alternating East Coast, near Shanti Nilaya ,and Midwest.

Order NOW for Christmas!!

If you have been thinking of ordering something from our Gift Shop as a special Christmas present for a friend or loved one, we hope you will place your order EARLY! (Right now would be a good time!!) There is a form on the back of this newsletter. This will be the last newsletter from which you can order to be sure your material will arrive in time for the Holidays.

TRANSFORMATION CLASSES . . .

We will very soon be offering classes in Transformation (from the human to the Divine) at Shanti Nilaya, with Jill Konstanturos as our teacher. Jill has given us the following description of this activity to share with you:

"The coming of the new age requires of each one that we raise our vibration to the level of the new order — the energies of the Aquarian dispensation. This new order is being established on our planet now. Great changes must occur to allow for this. The old order must be broken down and the planetary aura cleansed. The form which this transformation takes is up to us, as His children. These classes are designed to help us prepare individually for this supreme opportunity. We learn to listen to the voice for God as He tells us what our part is in His plan. Are we listening? If so, are we hearing? "Many are called, but few are chosen." The law is impartial in its application. Most often it is the failure to hear the call and act upon it.

The class format:

- *Exercises for purification, and the raising of consciousness to the frequencies of Spirit*
- *The use of color, sound, mantra, invocation and decrees to assist us in appropriating more Light, so that we may Be the Christ of God which we are*
- *The practice of conscious cooperation with the Holy Spirit in expanding the heart center and transmuting through the flame of forgiveness all that remains unresolved*
- *Meditation — various forms — for quieting the mind, learning the state of listening grace, disciplining thought to a single, pointed focus*
- *The coming together as a group, in the one mind, to serve the spiritual hierarchy in transmitting the energies of the Christ for the healing of our planet and the awakening of hearts not yet attuned*

Come join us in accepting our true inheritance."

Persons wishing more information about these classes may write to us here at Shanti Nilaya, "attention, Jill."

CALENDAR OF EVENTS, OCTOBER, '81 — MARCH, '82

Oct. 9-11	WORKSHOP ON SPIRITUAL EVOLUTION** (Elisabeth) 3 days (inc. rm/bd): $250 West Camp Hill, New Hartford, CT	Nov. 16-20	LIFE, DEATH & TRANSITION WORKSHOP (Elisabeth and Staff) 5 days (rm/bd): $350 Switzerland (near Lugano)(in German)
Oct. 12-16	LIFE, DEATH & TRANSITION WORKSHOP (Elisabeth and Staff) 5 days (rm/bd): $350 St. Norbert, Canada	Nov. 30 - Dec. 4	LIFE, DEATH & TRANSITION WORKSHOP (Elisabeth and Staff) 5 days (rm/bd): $350 Corbett, OR
Oct. 16	LECTURE* (Elisabeth) Winnipeg, Canada (204) 284-4104	Dec. 5-12	LECTURE AT SEA (Elisabeth) Aboard the M.S. World Renaissance (904) 377-7111
Oct. 23	LECTURE* (Elisabeth) Portola Valley, CA (415) 851-8411	Jan. 18-22	LIFE, DEATH & TRANSITION WORKSHOP (Elisabeth and Staff) see new rate schedule below Juneau, Alaska
Oct. 26-30	LIFE, DEATH & TRANSITION WORKSHOP (Elisabeth and Staff) 5 days (rm/bd): $350 Escondido, CA	February	India (tentative)
Nov. 5	LECTURE (Elisabeth) Washington, D.C. (704) 683-3124	March 1-5	LIFE, DEATH & TRANSITION WORKSHOP (Elisabeth and Staff) Escondido, CA
Nov. 9-13	LIFE, DEATH & TRANSITION WORKSHOP (Elisabeth and Staff) 5 days (rm/bd): $350 Hamburg, West Germany (in German)	March 22 - April 2	2 LDT WORKSHOPS (back to back) Holland (in English)

*Shanti Nilaya Benefit
**Prerequisite: Enrollees must have attended at least one Life, Death and Transitions Workshop conducted by Elisabeth

1982 FEE SCHEDULE

In January and again in June 1982, the fees for the Life, Death and Transition Workshops will increase.

Professionals $550 (*650 after 6/1/82)
Professors, Medical Doctors, Psychologists, Attorneys, Funeral Directors

Allied Professionals $450 (*550 after 6/1/82)
Nurses, Social Workers, Policemen, Ambulance Drivers, Firemen, Paramedics, Clergy

All Others $400 (*450 after 6/1/82)

All donations to Shanti Nilaya's "Life, Death and Transition Workshop Scholarship Fund" will enable a needy person to attend one of our workshops.

Fees for other Shanti Nilaya workshops, lectures and presentations in 1982 will also be adjusted. Future brochures and newsletters will contain those revisions.

Special fee of $250 may be available for full-time students, terminal patients, S.S.I. recipients, or disabled persons. Special forms must be completed and returned one month prior to workshop date. All requests will be confidential.

ALL ABOUT OUR STAFF . . .

Shanti Nilaya opened its doors on October 10, 1977, with its official opening at Thanksgiving time in November of the same year. **Vicky Pierce** is presently our employee with the longest service record, having been here from the very beginning.

Vicky will be leaving us shortly after you receive this newsletter. She is going into her own business. As the last remaining charter member of the staff of Shanti Nilaya, we thank her for her love, dedication, efficiency and high level of competency, as well as her compassion, tenderness and caring. She has shared with us these qualities not only with those who have come and gone on the staff, but with so many hundreds of you who have called or written to us during these past four years. We will miss her very much, and it will not be quite the same here without her.

We would also like to tell you about the other members of the Shanti Nilaya staff, all of whom put in many long hours and give highly dedicated service, and some of whom you may also have already come to know through your telephone calls and letters to us.

It is not easy to describe in one or two short sentences all that these people do, since they all do so much! But if we were to capsulize things, we would tell you that:

Lynn Akana is our very hard working business manager and dedicates herself to making sure our business matters are handled efficiently and effectively.

Lou Coast is involved with the growing job of operating our Gift Shop, and is also helping us in the office.

Tom Dolan continues to do such a wonderful job handling all of our most sensitive correspondence. He is Elisabeth's personal secretary.

Sheila Hill undertakes each day the difficult and seemingly never-ending task of coordinating all of our workshops, participant registration, special fee arrangements, etc. She, too, is in daily contact with many of you.

Sharonjoy Hunter faces the incredible challenge of handling scheduling and travel arrangements for Elisabeth and the staff, as well as contact with the hundreds of people and organizations who seek personal appearances for lectures, benefits, workshops, etc., and arrangements for on-site coordination of these events.

Rachel Logel shares in the work of several offices here, and closely assists Sheila with workshop registrations and participation, fees, correspondence, confirmations, etc.

Linda Lyman is the administrator of Shanti Nilaya and works in all administrative areas, coordinating the myriad activities and implementing plans and projects as they are conceived.

Rosalie Monteleone handles all mail orders (they run into hundreds each month) from our Gift Shop and is also coordinator of our volunteer program.

Charlotte Passal carefully cares for the entire physical plant, and handles a variety of other quickly arising tasks, such as the transportation of workshop participants at our California sites.

Cheryl Pierce coordinates our huge mailing list (keeping it up to date is a full time job alone), as well as performing other important office tasks.

Judy Rowley is our "can do" person who does just about everything, and handles a great deal of the daily correspondence that leaves here for points all over the world. She and Cheryl are also handling most telephone communications for Shanti Nilaya — and the number of incoming calls here each day . . . some of them presenting opportunities for very sensitive, caring helping . . . is astounding.

Bob White is our liaison with the media and the public at large, and is the contact person for the many other Shanti Nilaya's springing up all over the world.

All of them are very loving, caring people, as we know you know if you have had occasion to connect with them by telephone or by mail.

You need not look so hard at yourself to find hurt and pain, anxiety and sorrow, fear and frustration. Look at your fellow man and you will see plenty. Do something about it there and you will have healed yourself as well.

IN CASE YOU DON'T KNOW . . .

Any member of the Compassionate Friends (parents of children who died), God's Clowns or Make Today Count (self help group of cancer patients) or people on welfare or social security who would love to attend a workshop but truly cannot afford it are welcome to come at a reduced fee, or free, depending on their circumstances.

Our request is that those who attend short of the full fee make some arts and crafts (by hand) — anything from candles, potholders, woodwork to Afghans or jewelry which we will sell in our Gift Shop (which always needs refillers!). In this way they have pride and dignity and the sense of accomplishment that they paid for our services in whatever way they are capable. Others have offered some hours of working in the yard, filing or typing in the office and have become my temporary "chauffeur" to and from airports, etc. Where there is a will there is a way, and there are a million ways of sharing. Thank you!

Special fee arrangements have to be directed to Sheila, who has lovingly taken care of our increasing number of workshops all over the world. Thank you, Sheila!!!

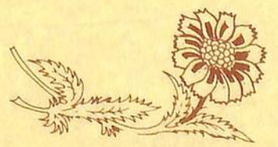
✳

Eternal Life with God is not a reward, it is a fact.

✳

F.Y.I. DEPT.

The set of five old teaching tapes, "Coping with Death and Dying," is still available and may be obtained directly from Emanuel Ross, M.D., 918 Red Fox Lane, Oakbrook, Illinois 60521



SHANTI NILAYA GIFT SHOP ORDER FORM

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*LIVING WITH DEATH AND DYING, by Elisabeth Kubler-Ross, M.D., $10.95		
"Letter to a Child with Cancer" (the Dougy Book), by Elisabeth Kubler-Ross, M.D., 1-10 copies $2.95 ea.; 11-24 copies $2.50 ea.; 25 or more $2.00 ea.; (postage and handling included)		
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Tape #7 - THE SANTA BARBARA LECTURE 1981, by Elisabeth Kubler-Ross, M.D. Illustrates the importance of unconditional vs. conditional love, with practical examples for the enhancement of life. 60 minutes, $7.95		
Videotape - ELISABETH KUBLER-ROSS: A DIALOGUE WITH HIGH SCHOOL STUDENTS, Elisabeth speaks to students at a high school on suicide, family relationships, and the meaning of unconditional love. A dynamic, important document (Specify BETA or VHS). Part I, 60 minutes, $75.00; Part II, 60 minutes, $75.00 (specify)		

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A color telefilm documentary on Elisabeth visiting patients (particularly dying children) produced for the BBC in London. Write for specific details.

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