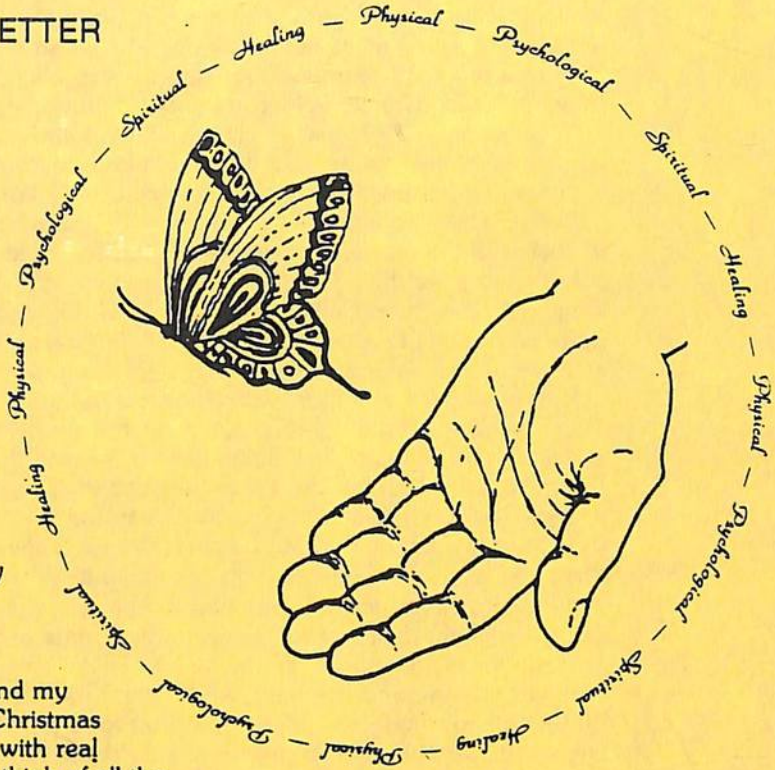
Shanti Nilaya

NEWSLETTER



Number 10, March 1982

A Letter From Elisabeth

Dear Friends!

It has only been a few months since our last newsletter and yet it seems that a whole year has gone by — so many things have happened, so many places were visited, so many people touched our lives.

Where to begin?

I had the best Christmas ever with my old Swiss family and my Flossmoor family all present together for an old fashioned Christmas at both my sisters' homes, including, naturally, a real tree with real candles and all the goodies. My mouth is still watering as I think of all the oh, so unhealthy but soooo delicious sweets! I gained about 10 pounds, but as all of you know, I needed it.

To my great joy I arrived in Switzerland just in time to attend the first Shanti Nilaya/Switzerland meeting, held in Basil. It was the loveliest group of people who came from afar on a cold and wet pre-Holiday night by car and train to share, plan and celebrate with candlelight, as you can see on the photo we enclosed.

It is going to be an active group and was much "energized" by a repeat TV show of Guenther Rolling's moving interview with myself, which will be followed now by yet another production on the crossroads of my life. On March 24, 1982 our BBC film on my house calls to dying children (and adults) will have its premiere in Switzerland — another booster!

After a day in Arosa skiing with my daughter Barbara and my sister Eva — again like in "the good old days" — I ended up in the hospital with a knee injury and made a departure to Egypt in a wheelchair!

Nothing could have kept me from this long-awaited trip and I would soon know why this journey — which must have been planned in heaven — occurred at the right time. My son Kenneth accompanied me and carried my baggage and later my collection of pottery and rocks from many sacred places . . . sites of old temples and places in the midst of the desert — where we had an unforgettable ride on camels, the best part of the whole trip!

I have never in my life felt so at home, so at peace, so totally content, a peculiar form of meditation in movement, a dream state almost, with hundreds of miles of sand, a blue sky and only a light wisp of winds and hooves. I realized only then how much I needed this time to relax and recharge.

Five days in a riverboat down the Nile from Cairo to Luxor to Aswan added to the memories and made me appreciate the incredible friendliness of the Egyptian people, the trust and love of the children who followed me everywhere and was comparable to looking at an old Bible storybook; as if time had stood still in those places. All along the Nile a lonely white figure would appear dragging a donkey along, then a few camels would appear slowly trotting along fields of sugar cane. Women washed their clothes at the river bank and children waved until the boat was out of sight . . .

The hours spent with the Sadat family were a special gift and will forever stay in my memory. Their warmth, hospitality and very open sharing of very personal and beautiful events made me again aware of the Divine Manipulation at work which always brings us to the right place at the right time — if we only listen to our intuition and are not afraid of taking risks!

Jerusalem was another experience that can hardly be described in words. Both the lectures in Cairo (at the University) and in the old University in Jerusalem were well received and everybody wants to know more about life after death. The widow of the late Moshe Dayan spent a late night with us and invited us to her beautiful home in order to show us the fantastic collection of archeological finds which are now sent to a museum.

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Both Mrs. Sadat and Mrs. Dayan had so much to share and have enriched my Mideast trip so much that the days passed much too quickly and we had to head via Istanbul to Amsterdam and back to Chicago, where minus 80 degree weather welcomed me! If it has not been for the help of an Egyptian-Swiss couple in Cairo and Danielle and Ooge in Holland, Lois Thompson and Barbara in Chicago – I don't know how I would have made the 18 hour trip without total exhaustion. To all those friends all over the world who make my traveling such a nice visiting: THANK YOU!

After a few days of unpacking, laundry, repacking and answering the most urgent mail I had another Christmas at home in Valley Center as I left my tree up and opened my Christmas packages in mid January — what a delight! Our first workshop in 1982 was in Haines, Alaska and if you ever want to see a fairyland Christmas post card view come with us next time and join us on a five hour ferryride from Juneau — wrap yourself in anything you have in your closet, bring a camera and you will have a experience of a lifetime before you even start the workshop.

Bella Hammond and the "white house" (of Juneau) cook, Bob, assisted by Dixie and many other special friends, were in charge of the kitchen and spoiled us beyond description. Our village people — as in our past Alaskan workshops — contributed a great deal to the success and we left (in sunny weather but minus 60 degrees) with happy memories, a longing for Southern California weather and 300 exclusively gorgeous photographs which we use to induce people to do more workshops in Alaska in the winter! Our prize pictures include shots of over 200 bald eagles which nest in a nearby area and which we visited on Thursday afternoon by school bus, a gift of the local bus driver!

And if we need any more special events in these last four weeks my visit to *Maui, Hawaii* was another highlight. (How many highlights can a mind absorb in such a short time? Is that how 1982 is going to be?) Our Maui group has done a fantastic job as described in Bobbi Leoni's letter in this issue. My special treat was a visit to the Correction Center where Doug Schneider, Bobbi and I were allowed to spend two uninterrupted hours with the yet unsentenced prisoners. Some of them had been there for close to a year and we had a very moving sharing time together — which ended with a personal hug to each of them and a circle prayer: "Thank you, Oh Spirit of Heaven, for providing us this day." I don't think there was anybody there who did not mean it. When I left waving hands were visible behind every barred window — a very touching experience! Doug and Bobbi will continue these groups and we invited all of these young men to attend our workshops after their release, knowing that some of them may have to wait 10-20 years, others may be with us in July on Oahu or in November on Maui.

Now I am home for 24 hours and trying to catch up with mountains of letters. The galley proof of "Working it Through," our workshop book, is in print for a publication date of June first and we are awaiting "Remember the Secret" any day now. The high school tapes and the BBC film (mainly on children and death) are available for your use and remember that our gift shop has moved to a much more accessible area on the main thoroughfare of Escondido right next to a big supermarket and looks beautiful, thanks to all your contributions of handmade articles which have already helped many indigent patients to attend our workshops.

We are also looking forward to a special presentation I'm to give to "my own village *Valley Center*" where I will emphasize the issues surrounding sudden death, as it is mainly for the wonderful volunteers of our fire department, for the local police, ambulance drivers and paramedics who quietly risk their lives to save others.

I guess those are in a nutshell, the events of the past few weeks. This year started with many new dreams and with superb spirits among the staff, and the volunteers who spend so many hours supporting and helping us and Rosalie has "fallen in love" with the new computer which hopefully should put our ever growing mailing list in order by the end of spring.

Remember to pray for a piece of land — hopefully with some buildings already on it — so we can move to our own quarters by the end of this eventful 1982.

May all the blessings be with you as they have been with us.

Love and much appreciation from all of us at Shanti Nilaya.

Elisabeth

FIRST MEETING of the Friends of Shanti Nilaya/Switzerland in Basil, just before Christmas — a special Christmas gift for Elisabeth and the whole Shanti Nilaya family all over the world. Welcome to our ever growing world family!

NOTES FROM THE ADMINISTRATOR

We are now ready to provide you with the Guidelines and Requirements for starting Friends of Shanti Nilaya organizations throughout the United States. If you are interested in making a commitment to your own personal growth and the continued growth of Shanti Nilaya please write to Linda Lyman, administrator, for Friends of Shanti Nilaya guidelines and requirements. How thrilling it would be if you took the initiative to "light a candle" in your own area and spread the loving spirit and Shanti Nilaya philosophy throughout the country.

We have moved our Gift Shop to its new (bigger, brighter and better!) location at 2046 E. Valley Parkway in Escondido. This new gift shop is full of good energy and it's gorgeous!

Linda Lyman

"HEALING OF OUR TIME" PROGRAM TO FEATURE ELISABETH

Elisabeth will be taking part in a day-long special program March 13 in Santa Barbara, CA sponsored by the Ojai Foundation. The program, **"Healing of Our Time,"** will also include Joan Halifax, Ph.D., a medical anthropologist specializing in those areas where psychiatry and religion interface. She is president of the Ojai Foundation and has worked with healers the world over. She is on the faculty of Harvard University, assisted Joseph Campbell on his *Historical Atlas of World Mythology,* and is co-author of *The Human Encounter With Death* and author of *Shamanic Voices* and *Shaman, the Wounded Healer.*

The program will run from 10 a.m. until 5 p.m., with registration fees set at $40. The event will be held at the Arlington Theatre in Santa Barbara. Persons interested in attending should send a $40 check with self-addressed/stamped envelope to the Ojai Foundation, P.O. Box 1620, Ojai, CA 93023. Group discounts and reduced price admissions for individuals (based on need) are available. Contact the Ojai Foundation at (805) 646-8343 or (805) 646-0902.

CAROLYN BEJCY JUNE 24, 1922-JAN 21, 1982

Caroly Bejcy made her transition last month after a long and not easy struggle with Amyotrophic Lateral Sclerosis. She is that lovely lady whose pictures so many thousands of you have seen, with her 3-month-old granddaughter in her paralyzed arms and smiling a genuine smile!

She has been a great teacher to all those whose life she has touched and we are especially proud of her immediate family, who have had the courage and mobilized enough strength to care for her every need for many months at home — fulfilling her wish, but also facing the tremendous frustrations and exhaustion in trying to find adequate help and assistance.

So typical of Carolyn's whole life, she made the transition on the day I returned from my long trip and enabled me to attend her memorial service — the only day within three months that this was possible!

So Carolyn, we say SO LONG to you. And BEJCY family: you should know that our love is not only with you while you struggle with a critically ill mother, but we hope to keep in touch and continue to send you all our love.

Elisabeth

BETTER HURRY IF YOU WANT TO TAKE GREGG FURTH WORKSHOP

If you are planning to take either of the very popular workshops in Interpretation of Spontaneous Drawings offered by Gregg Furth, Ph.D., this summer at Shanti Nilaya you will have to register soon. Applications for the workshops have been coming in at a brisk pace and enrollment in these sessions is very limited.

The workshop in Interpretation of Spontaneous Drawings-I (the introductory course) will be offered twice this summer, from **June 28 to July 2** and again **August 16-20.** The fee for this beginning workshop is $300, with a **deposit of $200 required in advance.**

The workshop will be held at the Old Mission San Luis Rey in San Luis Rey, California, near Oceanside (about 30 miles west of Shanti Nilaya). For those who wish to stay in residence at the Mission, an optional Room and board package is available for an **additional $110 for the week.** Enrollment is limited to 21 persons for each session.

Gregg Furth is also giving this summer an advanced workshop, the title of which is *The Fairy Tale and Interpretation of Spontaneous Drawings Workshop-II.* Persons wishing to take this workshop *must have completed Interpretation of Spontaneous Drawings-I.* There is reading material and advance writing involved as "homework" prior to coming to the first session, so participants must be registered in advance. Enrollment is limited to 10 people. The date of this workshop is **August 23-27, 1982.** The fee is $300 plus room and board with a **$200 deposit required in advance.**

This advanced workshop is filling up very rapidly. However, if a sufficient response is received, we may be able to offer a second advanced workshop in September to handle the overflow.

To apply for acceptance in any of these workshops, contact Sheila Hill, workshop coordinator, at Shanti Nilaya, P.O. Box 2396, Escondido, CA 92025.

Gregg Furth will also be giving two introductory workshops this summer for Friends of Shanti Nilaya/Maryland. The dates are Aug. 2-6 for a Beach Vacation Workshop at Bethany Beach, Delaware (fee: $300 + $95 food and lodging) and Aug. 9-16 for a workshop in Annapolis, Maryland (fee: $300, plan to commute, or ask about low cost room and board arrangements). For further information or to register for these workshops contact Bill Griswold, Friends of Shanti Nilaya/Maryland, P.O. Box 269, Arnold, Md. 21012, or call Charlotte at (301) 757-2227.

WORKSHOP SITES NEEDED

Please let us know of any retreat or conference centers that you recommend in the following parts of the country for 75-80 people for our LDT Workshops:

Colorado/Wyoming/Montana
Vermont/New Hampshire/Maine
Texas/Oklahoma/Kansas
Mississippi/Alabama/Arkansas/Louisiana

These are parts of the country that Elisabeth has not been able to visit in the last few years. She would like to give LDT's in these states in 1983 or 1984. Please, readers, let us hear from you!!!

Also, we are searching for "just the perfect" small retreat centers (12-15 people) in Southern California. If you know of any that you would recommend, hurry and tell us about them. Pass all this information on to Sheila, our workshop coordinator. Thanks!

How many of you would be interested in a follow-up LDT Workshop weekend led by Sheila Hill and Tay Sloan? Please let Sheila know of your interest.

WE'RE LOOKING FOR PROPERTY NEAR OUR PRESENT LOCATION

We are interested in hearing from anyone who may have property in the area of Shanti Nilaya (Escondido and the San Diego North County area) that might be suitable for our pending relocation. If you have such a parcel, or know of one which may be for sale, contact Linda Lyman, our administrator, right away. We are confident that just the right piece of land will become available to us!

SEEDS TAKE ROOT . . .

Dear Friends,

Just a few words to share what we are up to!

Shanti Nilaya/Maui currently has a weekly group at the local correctional institution working with inmates to release repressed emotions, communicate with each other in a supportive manner, and create a peer support group for incoming prisoners.

The focus of Shanti Nilaya/Maui is to encourage people to live cooperatively and to recognize that our purpose here on Earth is to help one another.

We have completed one year of work with women's crisis groups (for battered women or rape victims) and one year of work with a youth shelter (for children who need temporary shelter during resolution of family problems, including incest, abuse — both physical and emotional). One of our members, Georgia, now works at the shelter.

Shanti Nilaya/Maui members also work together in group meditations to keep ourselves in harmony with one another, and through this we have all experienced unconditional love and a closeness which allows us all to be encouraged and to stay in an attitude of good will toward our brothers and sisters. In all our work we seek to recreate the community and family spirit — or "Ohana" as it is called in Hawaii.

We also offer support and counseling to people dealing with impending death or loss of a loved one.

We are active and growing and always looking for more loving, caring people who wish to spend a few moments of their lives making a Larger Contribution.

With love and peace,
Bobbi Leone

Dear Friends,

Here once more some news from Holland.

Elisabeth's two workshops here have certainly set a lot in motion! We had a reunion of one of them and it was exciting to hear what everybody was doing with what had been received. One of the participants, who was seriously ill when she attended the workshop, died three months later. Her funeral was such a positive event that those who were present will not soon forget it.

In October we had Gregg Furth here for two courses. Fascinating! We are glad that he can come back this spring. And, of course, we are delighted that Elisabeth will come to the Netherlands again in 1982. The dates are fixed for the following periods: March 24-28 and March 31-April 4.

The ripples in the Shanti Nilaya waters are spreading.

Friends of Shanti Nilaya
Holland

Other Shanti Nilaya contacts:

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A SPECIAL SHARING . . .

We receive hundreds of letters each month from people all over the world, each of them on their own journey, each of them touched in some way by the larger work we are all doing — those of you who read this and those of us who write it — as we move through our days and nights, reaching inward to ourselves and outward to others.

We would like to share all of these letters with you, for they bring us renewed strength and inspiration, and we know they would do the same for you. Our space here allows us only to share a few each year, however. We pick these more or less at random, for they are all such beautiful sharings that it is literally impossible to choose one "over" the other.

This issue includes the following letter from a woman in Waukesha, Wisconsin. When we called her recently to ask her permission to put it in our Newsletter, she agreed immediately, but asked that her name not be used because, as she put it, "the letter is not about me, but about my sister."

The letter contains a lesson for each one of us, and we know that you will draw from it exactly what you are supposed to.

Dear All,

I've been meaning to sit down and write this letter for a very long time now, and am finally getting around to doing it. This is my only way of being able to thank you for something you probably didn't even know you had done. In explanation, I offer the following . . .

Five months ago, my sister, Jan, died after a four year bout with Hodgkin's Disease. While sorting through her many boxes of correspondence and written journals after her death, I came upon a letter from someone of your group (I have since misplaced the letter and cannot remember the signed name) in response to a letter that Jan must have written to Elisabeth Kubler-Ross. I'm not sure if Jan was ever able to answer it. Today in the mail came the Shanti Nilaya newsletter of June, 1981, to Jan's name, and, if possible, I would like to answer for her.

I had heard Jan speak of your work and know that she drew strength from the knowledge of it. She had also spoken of wanting to attend one of the workshops you held, but I don't believe she was ever able to. For two years after Jan found out about her cancer she shared it only with her closest friend and not with us (her family) at all. In those two years, and the succeding two that we shared, she never lost a beat of life.

The original prognosis of time was six months, but I think Jan decided then and there that she wasn't going to be part of the norm. Looking back on those two years that we were unaware, I see only a person who was growing and giving and loving tremendously. And in her vitality and hunger for life we somehow missed the loss of weight and the frequent paleness.

Even in the two years of sharing with her, rarely do I remember a moment when she wasn't giving a smile or a hug and kiss, or even a thoughtful word or helping hand. Through her total acceptance of what was happening to her we were unable to also accept and learn from it. It was two beautiful years that I will never forget or regret.

In reading her journals only, did I ever sense a sadness in her regarding death. It was not in relation to herself that she wrote, though. She was saddened by the fact that so many people would probably never know what a beautiful and fulfilling experience it can mean. And not knowing the total wonderfulness and love that life really is and can be.

Jan would have been just twenty-seven years old next month, but in such a short life she reached out and loved and touched more people than most of us dream of in fifty or sixty years of a totally healthy life.

I miss Jan very much, as does her whole family and so many of her friends. But I am not sad. How can I be knowing that she gave me so much?

So, I want to thank you for doing for others what Jan did for us. You are a blessing as Jan often said. This letter is somewhat rambling, yet I know that you will understand my words and thoughts. You would have loved her as we did.

In her memory . . .
(Jan's sister)

It is quite true that we never know how we are touching the lives of others. Sometimes we think we are touching them in ways which we know, and sometimes we are touching them in ways we never even dreamt of. In this case, Jan never did attend one of our workshops, so we have no real way of knowing how the work we are doing impacted on her life. Only through the beautiful gift of this sharing, by Jan herself through her journals, and by Jan's sister in this letter, could we ever have known.

So, too, will it be with you. As you move through the crowded, hectic days of your existence, know and be aware that you are sending a signal always to others. You are a messenger, as are we all, and you are the determiner of the message. Your message will be the same to everyone when you come from the same "place" within. And when that "place" is the space of unconditional love, the message you will send can truly light the world.

"ANO ANO" NOW AVAILABLE FROM GIFT SHOP

The Gift Shop announces the availability of another new book, one on which we have received many inquiries. The book is titled **ANO, ANO - THE SEED.** Written by Kristen Zambucka of Honolulu and illustrated with beautiful full color and sepia tone pictures, it describes the blending of ancient Hawaiian beliefs with Christian beliefs into a full circle of Universal Truth and tells us how we can plant the seed of our ideal self and nurture it into being.This is a book one will return to frequently for wisdom, guidance and spiritual inspiration. It may be obtained from the Shanti Nilaya Gift Shop (please use the order form which is found on the last page of this newsletter) for $8.50 in paperback or $15.95 in hard cover. It has been read and is recommended by Elisabeth.

DO YOU PROVIDE HOLISTIC CANCER THERAPY?

We have received many requests from cancer patients who would like to be treated by a holistic physician. We've contacted the American Holistic Medical Association and have found that very few of its members have indicated oncology as a specialty on their information forms. If you treat cancer patients holistically, you may wish to contact the AHMA with this information. Also, if you are looking for such a physician, you may also wish to contact this orgnization. In both cases the person to reach is Judi Morese, AHMA National Office, 6932 Little River Turnpike, Annandale, VA 22003, telephone (703) 642-5880.

WE STILL NEED A LIBRARIAN

We are still looking for an energetic volunteer to help catalogue and organize our wonderful collection of books at Shanti Nilaya. We're looking for someone from the Escondido/San Diego area who has some library science experience (not necessarily a degree) to help us make our collection more useful by designing a system for its use. If you'd like to join our staff of volunteers for this project to coordinate it, call Joy, our volunteer coordinator, at (714) 749-2008.

Joy is also looking for people who would like to volunteer in other areas. If you can type, have other general office skills, or would like to help man our beautiful new Gift Shop (and if you now live in our area), give Joy a call. And thanks!

IF YOU ARE WRITING TO ELISABETH . . .

If you plan to write a letter to Elisabeth, or are sending her a package or parcel, **please do not enclose any orders for books, donations, workshop fees or items pertaining to other strictly business matters of Shanti Nilaya!** Because of her schedule, it can often take a month or longer for Elisabeth to open the mail which is personally directed to her. Please send fees, book requests, etc. directly to the proper department at Shanti Nilaya. Then we can process you order, donation, workshop fee, etc. as rapidly as possible! Thanks!

FOUR-DAY RETREAT WITH TARA

Elisabeth will be giving a four-day residential retreat at Menlo Park, CA with Tara Singh July 22-25. If you wish for more information, contact the Foundation for Life Action (which is sponsoring the retreat) at 902 S. Burnside Ave., Los Angeles, CA 90036. You may reach the Foundation by telephone at (213) 933-5591.

THANKS FOR THOSE PHONE BOOKS!

In the last isue of this newsletter we carried a little item asking you to send us your old phone books. (We use them in our workshops.) The response has been fantastic! Hundreds of them have arrived here!! We want to thank each and every one of you for your thoughtfulness and generosity (it cost quite a few pennies to mail them!). Now — do us another favor. *Don't send us any more!!* We have enough to last out the year. This is a perfect example of "ask and you shall receive." Thank you!!

CALENDAR OF EVENTS

March 13	**Healing of Our Time** (Special Program) Ojai Foundation, sponsors in Santa Barbara, CA (805) 646-8343 (See news item, this issue)
March 17	**LECTURE** Stuttgart, Germany Geland Reim Postfach 837 7000 Stuttgart 1 West Germany
March 19,20,21	**LECTURES** London, Shrewsbury, Edinburgh, respectively Margaret Manning 6 Buckingham Court Landcaster Ave. Mitcham, Surrey England
March 24-28 **March 31-April 4**	**LIFE, DEATH & TRANSITION WORKSHOPS (back to back)** Holland (in English) Friends of Shanti Nilaya Danielle M. Slors, Sec. De Houtmanstraat 24 6826 PJ Arnhem The Netherlands 31-85-612714 (days)
April 13-16	**WORKSHOP FOR BEREAVED PERSONS** Calgary, Canada (See news item, this issue)
April 19-23	**LIFE, DEATH & TRANSITION WORKSHOP** - Elisabeth & Staff Richmond, VA
April 23	**LECTURE (tentative)** Washington, D.C. Bill Griswold (301) 974-4224
May 3-7	**LIFE, DEATH & TRANSITION WORKSHOP** - Elisabeth & Staff Anchorage, Alaska
May 7	**LECTURE** Anchorage, Alaska
May 14	**LECTURE** Center for the Healing Arts, L.A. Gina Thompson (213) 477-3981
May 24-28	**LIFE, DEATH & TRANSITION WORKSHOP** - Elisabeth & Staff San Juan Bautista, CA
June 11	**LECTURE** Medical seminar sponsored by Mt. Sinai Medical Center Miami Beach, FL (305) 221-6213
June 14-19	**Brazil**
June 22	**LECTURE** Baltimore, MD Bill Griswold (301) 974-4224
June 23	**LECTURE** New Jersey (site to be announced) Janet Sheck (201) 862-0950

1982 FEE SCHEDULE for the Life, Death and Transition Workshops

Professionals $550 (*650 after 6/1/82)

Professors — Medical Doctors
Psychologists — Attorneys
Funeral Directors

Allied Professionals $450 (*550 after 6/1/82)

Nurses — Social Workers
Policemen — Ambulance Drivers
Firemen — Paramedics — Clergy

All Others $400 (*450 after 6/1/82)

All donations to Shanti Nilaya's "Life, Death and Transition Workshop Scholarship Fund" will enable a needy person to attend one of our workshops.

Fees for other Shanti Nilaya workshops, lectures and presentations in 1982 will also be adjusted. Future brochures and newsletters will contain those revisions.

Special fee of $250 may be available for full-time students, terminal patients, S.S.I. recipients, or disabled persons. Special forms must be completed and returned one month prior to workshop date. All requests will be confidential.

SPECIAL "WORKSHOP FOR THE BEREAVED" SCHEDULED FOR MID-APRIL

Dr. Elisabeth Kubler-Ross and Shanti Nilaya will present a special **Workshop for the Bereaved** this spring in Canada. This will be a four-day live-in, highly focused workshop especially for those who have lost a loved one. Family members may attend together.

The workshop will take place at Camp Horizon, Bragg Creek, Alberta, Canada (33 miles southwest of Calgary) April 13-16. It will begin with dinner on the 13th and conclude at 2 p.m. on the 16th.

The fee for the Workshop for the Bereaved is $300-U.S. per person, $500-U.S. for two from the same family. We ask that payment be made in U.S. dollars, please. A $200, non-refundable deposit is required. The cost of transportation to and from the workshop must be borne by the participant.

Register by using the form below and sending it, along with the $200 non-refundable deposit, to **Shanti Nilaya, c/o Workshop for the Bereaved, P.O. Box 2396, Escondido, CA 92025.** The deposit applies to each family, regardless of whether one or more family members attend. Questions regarding the workshop may be addressed to Sheila Hill, workshop coordinator, at Shanti Nilaya.

----------REGISTRATION FORM ----------

Please register the following person(s) for the WORKSHOP FOR THE BEREAVED to be presented by Dr. Elisabeth Kubler-Ross April 13-16, 1982 at Camp Horizon, Bragg Creek, Alberta, Canada:

NAME(s) _____

ADDRESS _____

CITY/STATE _____ ZIP CODE _____

TELEPHONE (in case we need to contact you about this workshop) _____
May we call you collect? _____yes _____no

☐ Enclosed is my deposit of $200 per family. I understand this amount is non-refundable.

☐ I enclose payment in full for the workshop with this registration form, at $300-U.S. for person, or $500-U.S. for two members of the same family.

Method of payment: _____check or money order

Please charge to my _____MasterCard _____VISA; Exp. Date _____ Account # _____

_____
Authorized Signature

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tear off and mail to SHANTI NILAYA, Workshop for the Bereaved, P.O. Box 2396, Escondido, CA 92025

TO SUBSCRIBE TO THIS NEWSLETTER . . .

If you would like to continue to receive the Shanti Nilaya Newsletter (issued quarterly) please return the form below with a minimum donation of $10 to help defray the cost of printing and mailing for one year.

As Elisabeth points out, *"If you live on a marginal income and really cannot afford to do this, do let us know and we will naturally keep sending you this material without cost. Or send whatever you can.*

"Maybe you have a talent in knitting, crochet work or any other arts and crafts for our Gift Shop."

We want to keep you up to date, and we need your help to do that. Please fill out the form below. (If you have already sent us your subscription, perhaps you'd like to pass this on to a friend.)

Yes, I would like to receive the Shanti Nilaya Newsletter for the next year. Enclosed is my donation to help cover expenses.

Name _____ Address _____

City _____ State _____ Zip _____

Phone _____ (home) _____ (work)

Have you attended a Life, Death & Transition Workshop presented by Dr. Elisabeth Kubler-Ross? _____yes _____no

If so, when and where? _____

Occupation or affiliation _____

(Tear off and mail to Newsletter Subscription Dept., Shanti Nilaya, P.O. Box 2396, Escondido, CA 92025)

SHANTI NILAYA GIFT SHOP ORDER FORM

Books and Booklets

	QUANTITY ORDERED	TOTAL AMOUNT
•Autographed by Elisabeth		
•ON DEATH AND DYING, by Elisabeth Kubler-Ross, M.D., $2.95		
*QUESTIONS AND ANSWERS ON DEATH AND DYING, by Elisabeth Kubler-Ross, M.D. $2.45		
*DEATH, THE FINAL STAGE OF GROWTH, by Elisabeth Kubler-Ross, M.D., $9.95 (Paperback $2.95)(specify)		
*TO LIVE UNTIL WE SAY GOODBYE, by Elisabeth Kubler-Ross, M.D., with photos by Mal Warshaw, $12.95 (Paperback $5.95)(specify)		
*LIVING WITH DEATH AND DYING, by Elisabeth Kubler-Ross, M.D., $10.95		
"Letter to a Child with Cancer" (the Dougy Book), by Elisabeth Kubler-Ross, M.D., 1-10 copies $2.95 ea; 11-24 copies $2.50 ea; 25 or more $2.00 ea; (postage & handling inc.)		
THE QUIET MIND (a White Eagle Book), $3.50		
PRAYER IN THE NEW AGE (a White Eagle Book), $3.95		
I, MONTY, by Marcus Back, $8.95		
THERE IS A RAINBOW BEHIND EVERY DARK CLOUD, (by Center for Additudinal Healing) $5.95		
THE ART OF AGING (by Evelyn Mandel), $8.95		
AS A MAN THINKETH (by James Allen), $1.50		
ANO ANO THE SEED (by Kristin Zambucka) $15.95 ($8.50 Paperback)		

Also, books now in production and available soon:
WORKING IT THROUGH, by Elisabeth Kubler-Ross, M.D., June 1
REMEMBER THE SECRET, by Elisabeth Kubler-Ross, M.D., March 1

Cassette Tapes, Videotapes and other favorite Gift Shop Items

Tape #1 - LIFE, DEATH AND LIFE AFTER DEATH/the basic teaching tape by Elisabeth Kubler-Ross, M.D. 60 minutes; $7.95		
Tape #4 - ELISABETH KUBLER-ROSS TALKS TO HIGH SCHOOL STUDENTS/Elisabeth talks with teenagers about the quality of life, how to live more fully and with fewer anxieties about life and death. 60 minutes; $7.95		
Tape #7 - THE SANTA BARBARA LECTURE - 1981/a location recording of a lecture by Elisabeth centering on the importance of unconditional love, with practical examples for the enhancement of life. 60 minutes; $7.95. (Please note: because this tape was produced on location, the recording is of considerably less than studio quality. However, it is the only full recording of an Elisabeth Kubler-Ross lecture currently available.)		
Video tape - UNDERSTANDING UNCONDITIONAL LIFE/a dialogue between Elisabeth and a group of high school age students in Bellevue, Wash. probing the questions of life, death and life after death, and how to live more fully every day. 60 minutes; $100. (Specify BETA or VHS video cassette format.)		
Video tape - UNDERSTANDING UNCONDITIONAL LIFE-PART II/a dialogue between Elisabeth and three young students in grief/loss situations. Features interpretation of spontaneous drawings. 30 minutes; $80. (Specify BETA or VHS video cassette format.)		
Video tape - NOTHING FINAL/a just-completed television documentary on life and work of Elisabeth Kubler-Ross, produced originally for the BBC in London. Features rare footage of house calls with dying patients, especially children. 60 minutes; $475. (Specify BETA-II or VHS video cassette format.)		
Tape A - OCEAN, flute by Larkin, $7.95		
Tape B - WHEREVER YOU GO, by Brothers of the Weston Priory, $6.95		
1982 SHANTI NILAYA CALENDARS, $2.00		
RED STAINED GLASS HEART, $5.00		
RUBBER HOSES, $5.00 (plus $2.00 postage, please)		

—I enclose my check or money order payable in U.S. funds to SHANTI NILAYA. Canadians: please do not send Money Orders. Only checks in U.S. funds, or VISA.
(Please allow four weeks for delivery.)

—Please charge purchase to my:

—MasterCard —VISA; Exp. Date _____

Account #_____

_____
Authorized Signature

TOTAL FOR MERCHANDISE _____

6% sales tax, CA residents only _____

POSTAGE & HANDLING
($2 each hose, $1 each other item) _____

GRAND TOTAL _____

(Check one) if the amount enclosed exceeds the total cost please
— accept as a scholarship donation/ — refund to me.

Shanti Nilaya • P.O. Box 2396 • Escondido, California 92025

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