COMPLIMENTARY COPY

Shanti Nilaya

NEWSLETTER

NUMBER 11, JUNE 1982

A Letter From Elisabeth

Dear Friends!

Spring is finally upon us after a long, and for many parts of the world, a really cold and difficult winter. My garden is in full bloom and I wish I could print a color picture of my back hill in bloom with a million flowers — shades of rose, bright red and white — with hummingbirds, bluebirds, red finches . . . a bunny visiting me every morning early on the front porch, salamanders crossing the path, and soon, when the sun shines warmer, a rattlesnake here and there . . . harmless when not provoked (like people?!).

It is a dream to be able to live here, although the days at home are few and rare between trips, workshops and lectures, and each time is a blessing.

This year has been marked especially by Alaska, where we started in January with a workshop in Haines and a return trip in May to Kake, Bethel, Anchorage, Juneau and an unforgettable visit to the Eagle River prison outside of Anchorage with a Mother's Day lecture for the inmates and their families and staff.

Kake is a small community of 450 people where they had twelve suicides during eight months in 1981. With the help of some extraordinary people from the village who attended the January workshop and an all-out effort by everybody involved, there were no more suicides there in 1982! My visit to the community was celebrated with the dancing and singing of the native Indian children — a gift of the chiefs and the people of the village who met with me for a delicious pot luck dinner of native dishes, a lecture to the community and a late night of sharing and planning.

Bethel, which seems to be at the end of the world, was an equally unforgettable experience. It started with a meeting of the elders, Eskimos who shared their memories . . . the measle epidemic (brought by the missionaries) which killed all the babies and young children in the camp within a few weeks. The death of all these children is experienced now again — 40 years later — as many of the old people don't have offsprings who would ordinarily support them in their old age. Looking at this barren land, the flat and unattractive, desolate country, the deep mud holes and the cold, snowy May day in this community, one wonders how people can sustain themselves!? But it was in this same place where hundreds of people filled the village hall to hear me speak. It was in this barren land where I boarded the plane with 30 pounds of fish and frozen salmon, moose and caribou meat to make a feast back home with the staff of Shanti Nilaya! It was in this community where the usually shy natives came from afar to share their problems and joys with me and where the local radio station broadcast country music for my farewell, apologizing that they could not find a Hank Williams record for me! (I sent one off immediately.)

It is the people, not the environment, that make all these visits a mutual gift, a blessing. It is those "moments" that keep me nurtured and going, and I want to express my deepfelt thanks to the many people who make this possible. Thanks, too, to Jerry Stranick of Anchorage, for all his incredible help on arrangements for the May workshop, and for his gift of the biggest salmon ever eaten in Valley Center!

Here at our "Home of Peace" everything is quiet. Early in the morning a car pulls up with boxes of mail . . . girls are typing, Rosalie feeds the computer and already has 20,000 addresses put into it . . . a few thousand more and we will

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finally have an updated address list . . . two more volunteers have just finished the indexing of our library . . . Joy is preparing the printing of homemade cards for special occasions, available at our gift shop soon, Mary makes the most exquisite Eyes of God and others are busy with the final details of our latest video tapes, made at the Washington School of Medicine and available now for other medical schools and training centers for health professionals. Needless to say, Charlotte and Janet have been busy with boxes of mail sorting, typing, spring cleaning . . . and Judy and Sheila have had their hands full with the assignment of people into our 13 workshops this year. That is the meaning of "all is quiet" here at home.

I have gone through a lot a soul searching since the early days of spring when I wrote to you last. Some of it was triggered by the unexpected emergency triple bypass heart surgery of Manny Ross and the days spent in Chicago before, during and after the (successful) surgery. What would happen to Shanti Nilaya if I should make the transition? Would there be enough people to continue the work? Should we build a training-and-workshop center, start a nursery school, a university? Or is it enough if here or there all over the world our seeds are sprouting and more and more people are affected by our work and make ripples, touching lives from the new centers??? WHAT DO YOU THINK????

It is stated: "Ask and you will be given." We did ask for land and we were given! There is much beautiful land available to us now when we move in October and the great question is, naturally, is this the right way to go? We are waiting (which we always do when in doubt) for ideas, inspiration and guidance. I am sure our next newsletter will tell you about our final decisions.

While we wait and continue to work, the world continues to be in even greater turmoil than ever: the Falkland Islands, Ireland, Iran . . . promises of the arrival of a Christ who should bring about a great change . . .

It was once said to a mother who shared her pain about the unexpected loss of her child: "YOUR pain? Until you learn that YOUR pain is also my pain and my pain is also your pain, you will hold onto those things that hurt you and you will resent others whose life is temporarily with less pain . . ."

We are one of a whole and if you cut off the arm of a person, does not his whole body hurt? If you cut off the branch of a tree, does not the whole tree shiver? When 15 million children starve to death in our world — on our rich and blessed planet earth — do we not all feel a sense of pain, of anguish? If one human being is diminished, does it not diminish all of us?

So whether we build our own center soon or not is perhaps not so significant. Shanti Nilaya is a concept, not a place. It is happening in Bethel, Kake, Nome and Eagle River, Alaska. It is happening in Switzerland and in Australia. It is happening in Chicago, Iowa, Maine, Maryland and New Jersey, where friends of Shanti Nilaya continue to work in our spirit of sharing, listening and loving without expectations.

So work with us and follow our motto: "It is better to light a candle than to curse the darkness."

With love and blessings to all of you and a million thanks to the thousands who help us to make this place a more peaceful and beautiful planet.

Elisabeth

Elisabeth

HERE'S A "MUST" BOOK FOR YOU TO READ

A *must* in reading is *Countdown Zero* by Thomas H. Saffer and the late Orville E. Kelly (founder of Make Today Count) — publication date: June, 1982 by Putnam, N.Y.

Here is what Elisabeth has to say about the book:

"COUNTDOWN ZERO should be read by every conscientious American, as it is the incredible and yet true story of the neglected and unsupported atomic veterans, who unknowingly were used in the experimentation of nuclear weapons, exposed to radiation and not clearly understood risks which resulted in a high number of young people, who are slowly destroyed by an insidious killer . . . radiation.

Many of these men have died of cancer or leukemia. Many of them are bearing the scars and suffer together with their families. Hundreds of children have lost their fathers at a young age, and there are too many widows whose plea goes unheard.

If you are in favor of peace, if you love your country and if you believe in the peaceful coexistance of men and women on a healthier planet Earth, this book is a MUST."

For more information on this subject, you may wish to write to the National Association of Atomic Veterans, 1109 Franklin St., Burlington, Iowa 52501, c/o Wanda Kelly, director. Telephone is (319) 753-6112.

GETTING MORE THAN ONE COPY

If you are getting more than one copy of our newsletter, would you let us know? We'd like to reduce the number of duplicate mailings which have crept into our computer. Also, if you have had a change of address, please write to us with this information, so that we may update our mailing list.

Thanks!!!

Each person who has attended one of our Life, Death and Transition Workshops should be receiving one copy of this newsletter. If you know of someone who has attended, but is not receiving this, let us know.

Love,
Rosalie

WE LOVE OUR VOLUNTEERS!

We would also like to send our love and thanks for all the energy and dedication which has been shared with Shanti Nilaya by our Volunteers, who have worked especially hard recently. Thanks to . . .

Hank & Susie Bergold - for working endless hours on the Newsletter and helping us in so many other ways.
Sue Bonner - for sharing her special skills in grant writing and for the many hours staffing our Gift Shop.
Pam Dulyea - for time spent organizing details on lectures and her wonderful energy given to our Newsletter and special mailings.
Dick Eckert - for assisting Rosalie on "GEGO" - our computer.
Mary Lou Holland - for all her love and assistance in the workshop dept. and at the Gift Shop, as well as in Elisabeth's garden!
Teresa Kinsella & Julie Porail - for organizing our Library so beautifully and efficiently.
Oak Glen Girls School; Jane Ferrera & Mary Lou Holland - for contributing time on the weekend to stuff "Dougy Letters" and do whatever needs to be done.
Kelly Marshall-Walsch - for help staffing the tape & book table at Los Angeles lecture.
Mary Parojinog - for devotion to getting out the Newsletter, and for so much more.
Donna Spaulding - for help at the Los Angeles lecture, and for always being there when we need her.
Rebecca Whitehead - for much needed assistance in the mail order department.
Charlotte Passel - for using her weekends and very early morning hours to drive Elizabeth to and from the San Diego Airport, checking on her gophers and water-sprinkling system, and checking on house and garden in her "spare time."

Our Michigan friends, Ann Martin and Marilyn Thielen drove all the way to Chicago to help Elisabeth at the American Holistic Medical Association meeting book and tape table, and we wish to express our gratitude to Lois and David Thompson and Valerie and Jack Ragsdale for their endless help and for organizing the very best meeting of the Chicago group in early June!

And special thanks to everyone who has supported us with loving thoughts, Gift Shop donations, pledges, and sharing our work with others. We love you!

Joy Morrissette
Volunteer Coordinator

A NOTE ABOUT 'GRANNY'

Remember our GRANNY, our 93-year-old workshop participant? She is slowly slipping and as of yesterday when I made a housecall on her, can no longer speak. I thought it would be nice if you send her your love and prayers (not necessarily by mail).

We would also appreciate more feedback on our patients who took part in any of our workshops, so we can support them whenever the need arises. Do let us know if you are aware of anyone that slipped through our network of communication, PLEASE.

ELISABETH'S NEW BOOKS, TAPES AND VIDEO PROGRAMS ARE NOW HERE

We have been blessed in the first half of 1982 to have available two brand new books (including a very special story for children), a new audio cassette, and three new video tapes of material presented by Elisabeth. These include the first-ever video cassette of one of Elisabeth's lectures, plus a television cassette which we believe will come to be used as standard teaching material in medical and nursing schools, universities and hospitals in the years to come, and an audio tape of the very latest presentation by Elisabeth just weeks ago at the Center for Healing Arts in Los Angeles. The Mail Order Dept. is taking orders for these materials for the first time with this issue of the newsletter.

Here is a listing of all of the just-arrived and newly available teaching material:

• **ELISABETH KUBLER-ROSS LECTURES IN HAWAII** - The first full lecture presentation by Elisabeth ever made available on video tape cassette. This is a complete lecture, running two hours, as presented in Maui on January 31, 1982. It is available on BETA-II or VHS home video cassette. The price is $125 per copy, and you must specify which of the above two formats you want.

• **ELISABETH KUBLER-ROSS: LIFE, DEATH and the DYING PATIENT, PART I** - A one-hour video cassette made in April of this year at the University of Washington School of Medicine, where Elisabeth was asked to speak to medical students. The program is available on BETA-II or VHS home video cassette. The price is $85. Please specify format.

• **ELISABETH KUBLER-ROSS: LIFE, DEATH and the DYING PATIENT, PART II** - The second half of Elisabeth's visit with medical students at the University of Washington School of Medicine in April, 1982. The program runs one hour and is available on BETA-II or VHS home video cassette. Price: $85. Format must be specified. This program, in particular, will be invaluable for medical students, medical schools, nursing schools, and for others in the helping professions.

• **ELISABETH KUBLER-ROSS LECTURES AT THE CENTER FOR HEALING ARTS/MAY 14, 1982** - A 90-minute audio cassette of Elisabeth's latest lecture, presented in Los Angeles last month. The program is available for $8.

• **REMEMBER THE SECRET** - This is Elisabeth's first storybook for children; a remarkable book with exquisite full color artwork that has already become a much-in-demand publication since its debut in February from Celestial Arts book company. An explanation of Eternal Life in beautiful language . . . with lessons for children and adults alike. Available for $8.95.

• **WORKING IT THROUGH** - This is the long-awaited book by Elisabeth about the Life, Death and Transition Workshops; how they were born, how they have grown, how they have touched the lives of thousands of people, and what the results have been. Available after July from the Shanti Nilaya Gift Shop for $15.95. Please use the order form in this newsletter.

ANOTHER WONDERFUL HELPING ORGANIZATION

With the ever-increasing number of calls from parents of murdered children, I am glad to tell you that there is an organization nationwide which can be contacted and which lends support to those families. If you know of anyone who had a family member murdered, these local groups can be as helpful as most of the Compassionate Friends are to parents of terminally ill children or of sudden deaths in children. Their address is: Survivors, Parents of Murdered Children, 1739 Bella Vista, Cincinnati, Ohio 45237. (headquarters, with chapters in several places across USA).

SEEDS TAKE ROOT

Dear Chicago area friends,

Shanti Nilaya/Chicago has been meeting weekly since October, 1981. Our meetings are currently held every Tuesday at 7 p.m. at:

Dave and Lois Thompson
561 Dogwood Trail
Elk Grove Village, IL 60007

We also meet on Sunday afternoons at 6-8 week intervals.

Elisabeth and her staff have helped and encouraged us in every way possible and we are grateful for their patience with our growing pains.

In our mutual support group we are sharing our individual growth and learning to love and trust one another. We are giving love and support to people experiencing grief or loss, to people needing assistance to face a life crisis, to people needing a safe place to share personal feelings. We have even helped a student with her term paper on "Life After Death." In the near future some of the members of our support group will be taking part in a series of discussions about loss - based on personal experience.

The most exciting news of all is that Elisabeth will be coming to Techny, Il for a Life, Death & Transition Workshop in June, 1983. This is the first workshop in the Chicago area so get your reservations in early!

Come and share in our lives and our work. In all that we do we hope our love shines through.

Dave and Lois Thompson

Dear Friends,

Just a note to let you know that our Seattle Friends of Shanti Nilaya group is forming. If you are interested, please call me or get in touch by mail! Thanks!

Carol Ann Handyside
2307 N. 63rd St.
Seattle, WA 98103
(206) 524-9333

The Boston Area Friends of Shanti Nilaya

The Boston Area Friends of Shanti Nilaya have monthly meetings now! Friends who have already attended an LDT Workshop may call Gina Glicklich at (617) 566-1873 or Lee Nott, 181 Davis Ave., Brookline, MA 02146 (617) 277-1176.

Here is a listing of: a) other Shanti Nilaya contacts, and, b) people interested in starting Friends of Shanti Nilaya who wish to hear from friends in their area.

Existing Groups

Australia
Rita Ward
Shanti Nilaya/Australia
58 Sailors Bay Rd.
Northbridge, 2063
Sydney, Australia

Hawaii
Bobbi Leone
Friends of Shanti
Nilaya/Maui
P.O. Box F
Paia, Maui, HI 96779
(808) 572-8935

Holland
Danielle Slors, Secr.
Shanti Nilaya/Holland
De Houtmanstraat 24
6826 PJ Arnham
The Netherlands
085-617098 (aft. 6 p.m.)

Illinois
Dave & Lois Thompson
Jack & Val Ragsdale
Friends of Shanti
Nilaya/Chicago
561 Dogwood Trail
Elk Grove Village, IL 60007
(312) 437-4489

Maryland
Bill Griswold
Friends of Shanti
Nilaya/Maryland
P O. Box 269
Arnold, MD 21012
(301) 974-4224

Puerto Rico
Angel Diaz-Montanez
D-12 Grant St . Parkville
Guaynabo, PR 00657

Switzerland
Eva Vargas
Shanti Nilaya/Switzerland
Schmittenstrasse 1
4914 Roggwil
Switzerland
41-63-492717

Forming Groups

Alaska
Candy Gleason
Box 1551
Nome, Alaska

Arizona
Nancy Sullivan
2310 N. Madelyn Circle
Tucson, Arizona 85712
(602) 325-1131

California
Barbara Bayison
178 Loma Alta
Los Gatos, CA 95030
(408) 354-8019

Valerie Robinson
6625 Green Meadow Drive
Santa Rosa, CA 95405
(707) 539-1240

Canada
Gwen Brown
18 Triton Bay
Winnipeg, Manitoba
Canada R2M 2E9
(204) 253-1967

Sandra Mato
208 Point McKay Terrace, N.W.
Calgary, Alberta T3B 4V6
(403) 288-8762

Connecticut
Sally Venerable
Red Oak Condominium
40 Farm Drive
Farmington, CT 06032

Florida
Tom M. Saunders
335 Knowles Avenue
Winter Park, FL 32789

Germany
Berndt Maulen
Thomashofstr 8
5100 Aachen
Germany

Massachusetts
Gena Glicklich
64 Brington Road
Brookline, Mass.
(617) 566-1873

Michigan
Audrey Harris
4764 Washtenaw, #A3
Ann Arbor, MI 48104

Oregon
Jan Hare
1608 N.W. 23rd St.
Carvallis, OR 97330
(503) 752-7359

Washington
Carol Ann Handyside
2307 N. 63rd St.
Seattle, WA 98103
(206) 524-9333

Wyoming
Jan Flowers
7409 E. Pershing
Cheyenne, WY 82001
(307) 634-6786

Friends of Shanti Nilaya

It is required that all participants who wish to form a group to work in our spirit and philosophy have attended at least one Life, Death and Transition Workshop in order to know what they make a commitment to. A package of information on "how to start" is available upon request.

FROM YOUR HEART TO OURS . . .

Our mailbag is full of wonderful sharings from so many of those whose lives have been touched by Shanti Nilaya. As most of you know, Elisabeth has been to Alaska twice this year, in January and then again in May.

Following are excerpts from two recent letters — one written to Elisabeth and the second sent to the Governor's home in Alaska (with a copy to us) — which reflect some small idea of the early results of those two visits.

Dear Elisabeth,

I am writing from Nome, Alaska — one of your favorite places . . .

. . . I want to share with you this past week's experience and let you know that your work has had a deep impact on our community.

A 35 year old woman, wife and mother of two children (ages 7 and 5) died here of cancer on Tuesday. She had been born with neurofibromatosis — so her entire life had not been easy. Then after Christmas, after going through surgeries and radiation therapy in Anchorage — the doctors told her there was no cure. She and her husband had built a beautiful home 9 miles out of town — and she desperately wanted to come home to die.

She returned home on Friday, March 26th. The hospital took a bed out to her house and they set it up in front of her living room window where she could look out at the vastness of the tundra. Her mother and father came up from Oregon and her mother took on the primary responsibility for her daily care.

The nurses and doctors at Providence Hospital in Anchorage taught the family how to irrigate her catheter and care for her, etc. I and another nurse here in town made home visits every other day to lend support and encouragement.

So, the mechanics of the situation worked smoothly. The essence of the experience though is how this family dealt with Susan's illness and death. It was an incredibly beautiful experience. They were open and honest, there was no denial or guilt and she finished her unfinished business.

They shared the truth of her impending departure with the children when the doctors gave them the final prognosis. Up to this time, the boy — Tom (7 years) — had been acting angry and resentful. His father said when they shared the truth with him, he immediately changed, no more anger.

I took a friend out to meet and share with Susan and her husband Bob on Saturday, April 13th. On Monday, the 5th, she became worse. On Tuesday the 6th, Kate (the other nurse) and I went out to the house about 11:15. Susan had slipped into a coma shortly before. We were changing the oxygen tanks at 11:45 and she peacefully died.

The relatives brought the children home from school. Tom immediately went up to his mother, climbed on the bed and put his ear to her mouth to check for breathing, then went to his grandmother and cried. Jody, the little girl, went to her father.

It was so impactful to me that this family, through their courage and love, had faced this death and accepted it — and allowed Susan so go in peace.

It was just like you always said it could be.

I don't think I explained this very well — but I wanted to share it with you and I wanted to thank you. Your work, books, workshops, lectures, etc., have raised people's consciousness and let them know that death can be dealt with openly, without fear — and that it can be a truly beautiful experience.

I feel deeply privileged to have been a small part of Susan's transition.

Thank you Elisabeth — I love you.

Candy Gleason
Nome, Alaska

Here are the excerpts from a letter by a guidance counselor at Kake High School in Kake, Alaska, following the first of Elisabeth's two visits to Alaska earlier this year. This was sent to Bella Hammond, the Governor's wife, who has helped to arrange Elisabeth's visits.

As a result of the workshop, we have already done the following:

1. *Ordered $100 worth of books and tapes from Shanti Nilaya for our community library.*
2. *Opened up the Health Clinic from 7-10 p.m. every Wednesday night for community members to come in and discuss their concerns about death and dying.*
3. *Given formal presentations to our elementary school staff and our local School Board.*
4. *Sam Jackson is doing a great deal of good work with people out of his home, and Joan is spreading the word through the Salvation Army church.*

Our presentations have been well received, as Elisabeth has a good name here. We have been able to build on these already positive feelings with more content — more information.

Please find enclosed a copy of some of the notes that I took from reading some of Elisabeth's books, from attending the Haines workshop and from her lecture in Juneau. We give these to people when they come to the Health Clinic.

Here is one of my favorites from Elisabeth: "When you fully understand that each day you awaken could be the last you have, you take that day to grow, to become more of who you really are, to reach out to other human beings."

Jerome Colonna
Kaka, Alaska

THE SHANTI NILAYA "WISH LIST"

Everyone has a little "wish list," we suspect, and Shanti Nilaya is no different! In order for our work to continue at full speed, in order for us to keep up with our growing mountain of correspondence, workshop enrollment requests and the formation of Friends of Shanti Nilaya groups around the country and the world, we are badly in need of office equipment. Also, some traveling luggage.

Here is our "Wish List" for summer, 1982. Maybe one or two of you can help! "Miracle workers" are everywhere!

- 2 IBM Correcting Selectric II electric typewriters. (Right now we are short on operable typewriters and we are actually carrying the few we have available from place to place as typing needs arise! While this has helped to build up a few muscles here, it would be nice to get our exercise in another way!)

- 1 folding machine. (Richt now we are folding everything by hand. That includes our thousands of newsletters which go out each quarter. This takes a staff of volunteers many hours — several days, in fact — to do. A paper folder would allow us to get out our newsletters, flyers, brochures, etc. much faster!)

THE LATEST NEWS ON GREGG FURTH'S WORKSHOPS

The workshops on Interpretation of Spontaneous Drawings to be offered by Shanti Nilaya this summer (June 28-July 2 and August 16-20) are both now filled, with further applicants being placed on a waiting list. The Advanced session, called "The Fairy Tale and Interpretation of Spontaneous Drawings-II workshop," scheduled August 23-27, is also filled, with a waiting list.

Because of the tremendous interest in these workshops, presented by Gregg Furth, Ph.D., we have just added a fourth workshop to our calendar, namely another Advanced Workshop on September 13-17, 1982, (limited to 10 people). This will give us two Introductory workshops and two Advanced workshops in 1982. Prerequisite for the ISD-II workshop is attendance at an Interpretation of Spontaneous Drawings-I workshop by Gregg Furth.

The newly scheduled September workshop for advanced students is expected to fill very quickly. If you are interested in attending, please write to Shanti Nilaya for a registration form. Registration deadline is July 10.

CALENDAR OF EVENTS

Lectures

July 22-25
MENLO PARK, CA
Residential Retreat w/Tara Singh
at Villombrosa Center
250 Oak Grove Avenue
Info: Foundation for Life Action
Joy Kealey, (213) 933-5591

August 18
SYDNEY, AUSTRALIA
Lecture at Town Hall
Info: Rita Ward

August 28
SAN DIEGO, CA
Lecture, 4-5 p.m.
at Town & Country
part of Mandala Holistic Health
1982 Conference; Info: Diana Hanlon
(714) 481-7751

September 8
DRUISBERG, WEST GERMANY
Lecture
Info: Dr. Drahne
Heerstr 219
4100 Duesburg
0202 6008-1

September 9
STUTTGART, WEST GERMANY
Lecture
Info: Frank Kochling
Forum International
Postfach 2841
D 7000, Stuttgart 1

September 12
FALKETS, STOCKHOLM, SWEDEN
lecture
Info: Pia Ringstrand
Norrtullsgatan 53,
S-11345 Stockholm
Sweden
Tel. 46-08-332828

September 20-24
SWEDEN, NORWAY, DENMARK, FINLAND
Lecture Tour
Info: Pia Ringstrand (see above)

October 3
WIESBADEN, GERMANY
Lecture
Info: Dr. Schara
5600 Wuppertal 2
Weisbaden
0202 56 6401 - 467

October 15
SAN DIEGO, CA
Lecture, 7-10 p.m.
in Rancho Bernardo, site to be announced
Info: Jacqueline Williams, (714) 231-3414

Workshops

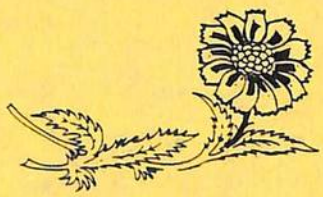
July 26-30
WAPPINGERS FALLS, N.Y.
Life, Death & Transition Workshop
at Mt. Alvernia Retreat House
Info: Shanti Nilaya
Sheila Hill, (714) 749-2008
Enrollments now complete/waiting list only available

August 9-14
AUSTRALIA
Life, Death & Transition Workshop
at Mt. Carmel, Minto
Info: Rita Ward, 58 Sailors Bay Rd.
Northbridge 2063, Sydney
Tel: 61-02-951164

August 16-20
AUSTRALIA
Life, Death & Transition Workshop
at Blackfriars Monastary, Canberra
Info: Rita Ward (see above)

September 13-17
HELSINKI, FINLAND
Life, Death & Transition Workshop
Info: Pia Ringstrand
Norrtullsgatan 53,
S-11345 Stockholm
Sweden
Tel. 46-08-332828

September 27 - October 1
STOCKHOLM, SWEDEN
Life, Death & Transition Workshop
Info: Pia Ringstrand (see above)



The rest of 1982 schedule will be put in the next newsletter.

A SPECIAL WORD OF THANKS TO SOME VERY LOVING AND SUPPORTIVE FRIENDS . . .

It has come to my mind often that those of us involved in the business end of Shanti Nilaya do not stop to give thanks to our many friends who have made it possible for us to continue our work. I have been with the accounting department since February 1979 and have been witness to the results of the wonderful efforts and support of those who believe in Shanti Nilaya, Elisabeth and our purposes and goals.

Along with those of you who send us contributions, pledges, workshop fees and honorarium lecture fees there are very special people who have worked exceptionally hard sponsoring benefit lectures with Elisabeth. We would like to thank all of you who have planned, initiated and followed through with the sponsoring of these benefits for us. Your time and effort spent on the many details involved in planning a successful event is immensely appreciated.

Our heartfelt thanks go out to:

Aileen Kishaba:
Honolulu, Hi-July 79
Brooke Albright:
Phoenix, AZ-Sept. 79
Sister Vince:
Houston, TX-Oct. 79
Margaret Manning:
London, Eng.-July 80
Selkirk College: Grand Forks,
B.C., Canada-Aug. 80
The Jamie Schuman Center:
Rivervale, NJ-Sept. 80
Marilyn Wilkinson:
Seattle, WA-Oct. 80
Jan Flowers:
Cheyenne, WY-Nov. 80
Sue Thoele:
Nevada City, CA-Dec. 80
Mental Health Assoc.:
Vero Beach, FL-Feb. 81
Bill Griswold & Bob White:
Norfolk, VA-Mar 81 and
Boston, MA-April 81
Tuscon Ctr for Attitudinal
Healing: Tuscon, AZ-Mar 81
Manchester Comm. Coll.:
Manchester, CT-Apr. 81
Exceptional Cancer Patients,
Bernard Siegal: New Haven,
CT-April 81
Ferris State Coll: Big Rapids,
MI-May 81
Marjorie Snowden: Kamloops,
B.C., Canada-June 81
Rita Ward: Australia and
New Zealand-July 81
Make Today Count'
Hagerstown, MD-Sept. 81
Spiritual Frontiers Fellowship
of Rochester, NY-Sept. 81
Eleanor Adaskin et al:
Westminster, Winnipeg, Can
October 81
Bobbi Leone: Shanti Nilaya,
Maui, HI-Jan. 82
Hospice of Juneau, Bella
Hammond: Juneau, AK
January-82
Joan Souders:
Kake, AK-May 82
Ce Ce Esparza:
Bethel, AK-May 82
David & Lois Thompson
Chicago—all year round
Hildegard Kalliner
Germany
Eva Vargas:
Switzerland—Dec. 81
Eva Bacher:
Switzerland—Dec 82
Pia Ringstrand:
Sweden & Norway
Summer 1982

If somehow I have overlooked a group or individual, it is not intentional. There were no doubt events sponsored prior to my joining the staff and you are all certainly included in our thanks! But we wanted to print this list to thank as many as we could publicly, and to let you know that we really care.

Love,

Lynn Akana
Business Manager

CURRENT POLICY ON ALL MAIL ORDERS

1. All mail orders must be paid for by check, money order or credit card in U.S. funds *before the merchandise requested can be shipped.*

2. Please include correct postage and handling costs in addition to the cost of your order.

3. California residents must include the tax on the amount due on items ordered and then add the postage costs.

Thanks!
Joy

A TENTATIVE LOOK INTO THE FUTURE OF SHANTI NILAYA

In my "editorial" I mentioned how things are going on "quiet days." I wish to end this newsletter by a projection into the future—not as something that has to be, but something that might be.

I would appreciate your feedback, short and addressed to "Future," attention Janet. It will give us an idea where YOU see our future direction.

With an ever-increasing demand for our work, the growth groups, the involvement in prisons, highschools, areas of suicide and incest in over 25% of the population (in certain areas in our country), the increase in violence and the rapid increase in hospices without adequate personnel our primary need is for MORE TRAINING OF MORE PEOPLE.

We have started to take two trainees with us on each workshop, supervised by our trained staff, but this is only a drop in the bucket. Since we are going to be very choosey and put all applicants and trainees through the tumbler, there will obviously be a rather large drop-out rate. Only the best will stay and continue to work.

The question is basically whether we should stay small in number and be satisfied with the lives we touch, or whether we shall start our own place, train people in larger numbers and have a nursery school or daycare center on the premises or nearby to help the little ones early and to have a place to demonstrate our work with children. (If we stay small, we could still help the 12 children who attend this center and staff it with the already existing and very well trained staff.) It would give us a place where little ones could be seen, evaluated and given a one-day workshop for the children on weekends when the school would be otherwise closed.

If we proceed with the building of our own center or not the following is our plan: During the coming twelve months we will reduce the staff to a bearable minimum with the intention to simply answer urgent patient mail and pleas for help.

If you want to support us and send material for the newsletter, feedback on workshops or/and your love, simply write on the envelope NAN (no answer needed). It helps us energywise to concentrate our priorities (dictating, typing, mailing etc., each letter mailed costs dollars) only to those in need.

That includes unsolicited manuscripts which arrive here daily and I really cannot read them all. Send a postcard or letter with a brief summary of the content of the manuscript and wait until you hear from us. Thank you for your consideration. We will move our offices to Escondido where they will stay permanently for all administrative work and mail, and our address will remain the same.

Step one: From now til October 1982 we will get our mailing list on the computer, get brochures ready and newsletters out, clean up the offices and pack. Moving days—between October first til the end of the month. We will need trucks, boxes, packers, muscle-power if you live near by! Our mailing address will remain the same fortunately.

Step two: The land which was offered free (a 40- and an 80-acre lot to choose from!) will be evaluated in terms of ecology, water supply, etc. An architect will present plans and offer alternatives in regard to buildings, esthetics and practicality (wheelchair accessibility, costs, etc.) while a professional fund-raiser will try to get the necessary money together to start the buildings. From September 1982 til September 1983 we will need funds mainly, as well as sound expertise advisors. From September 1983 to September 1984 we will need building material, carpenters, electricians, plumbers, and as the buildings are going up, naturally all the interior materials like mattresses, blankets, sheets, furniture, lamps, curtains, bathroom and kitchen appliances . . .

How does that sound to you???

I am going on a vacation with my daughter Barbara and one of my sisters from Switzerland. When I return at the end of July we will make final decisions. And then I am off to Norway, Sweden, Denmark, Germany, New Zealand and Australia (where my son will join me). So you will not hear from me until moving day.

Love and blessings,
Elisabeth

SHANTI NILAYA GIFT SHOP ORDER FORM

Books and Booklets	QUANTITY ORDERED	TOTAL AMOUNT
•Autographed by Elisabeth		
•ON DEATH AND DYING, by Elisabeth Kubler-Ross, M.D., $2.95		
•QUESTIONS AND ANSWERS ON DEATH AND DYING, by Elisabeth Kubler-Ross, M.D. $2.45		
•DEATH, THE FINAL STAGE OF GROWTH, by Elisabeth Kubler-Ross, M.D., $9.95 (Paperback $2.95)(specify)		
•TO LIVE UNTIL WE SAY GOODBYE, by Elisabeth Kubler-Ross, M.D., with photos by Mal Warshaw, $12.95 (Paperback $5.95)(specify)		
•LIVING WITH DEATH AND DYING, by Elisabeth Kubler-Ross, M.D., $10.95		
"Letter to a Child with Cancer" (the Dougy Book), by Elisabeth Kubler-Ross, M.D., 1-10 copies $2.95 ea; 11-24 copies $2.50 ea; 25 or more $2.00 ea; (postage & handling inc.)		
THE QUIET MIND (a White Eagle Book), $3.50		
PRAYER IN THE NEW AGE (a White Eagle Book), $3.95		
I, MONTY, by Marcus Back, $8.95		
THERE IS A RAINBOW BEHIND EVERY DARK CLOUD, (by Center for Additudinal Healing) $5.95		
THE ART OF AGING (by Evelyn Mandel), $8.95		
AS A MAN THINKETH (by James Allen), $1.50		
ANO ANO THE SEED (by Kristin Zambucka) $15.95 ($8.50 Paperback)		
Also, books now in production and available soon:		
WORKING IT THROUGH, by Elisabeth Kubler-Ross, M.D., (July '82) **$15.95**		
REMEMBER THE SECRET, by Elisabeth Kubler-Ross, M.D., $8.95		
Cassette Tapes, Videotapes and other favorite Gift Shop Items		
Tape #1 - LIFE, DEATH AND LIFE AFTER DEATH/the basic teaching tape by Elisabeth Kubler-Ross, M.D. 60 minutes; $7.95		
Tape #4 - ELISABETH KUBLER-ROSS TALKS TO HIGH SCHOOL STUDENTS/Elisabeth talks with teenagers about the quality of life, how to live more fully and with fewer anxieties about life and death. 60 minutes; $7.95		
Tape #7 - THE SANTA BARBARA LECTURE - 1981/a location recording of a lecture by Elisabeth centering on the importance of unconditional love, with practical examples for the enhancement of life. 60 minutes; $7.95. (Please note: because this tape was produced on location, the recording is of considerably less than studio quality. However, it is the only full recording of an Elisabeth Kubler-Ross lecture currently available.)		
Tape #8 - ELISABETH KUBLER-ROSS LECTURES AT THE CENTER FOR HEALING ARTS/MAY 14, 1982 — a 90-minute audio cassette of Elisabeth's lecture in Los Angeles. $8.		
Video tape - ELISABETH KUBLER-ROSS: LIFE, DEATH and the DYING PATIENT—PART I/a one-hour video cassette made in April, 1982 at the University of Washington School of Medicine, where Elisabeth was asked to speak to medical students. $85. (Specify BETA-II or VHS format)		
Video tape - ELISABETH KUBLER-ROSS: LIFE, DEATH and the DYING PATIENT—PART II/the second half of Elisabeth's visit with medical students at the University of Washington School of Medicine in April, 1982. Particularly valuable for medical students, medical schools, schools of nursing, and for others in the helping professions. $85. (Specify BETA-II or VHS format)		
Video tape - NOTHING FINAL/a just-completed television documentary on life and work of Elisabeth Kubler-Ross, produced originally for the BBC in London. Features rare footage of house calls with dying patients, especially children. 60 minutes: $475. (Specify BETA-II or VHS video cassette format.)		
Tape A - OCEAN, flute by Larkin, $7.95		
Tape B - WHEREVER YOU GO, by Brothers of the Weston Priory, $6.95		
RUBBER HOSES, $5.00 (plus $2.00 postage, please)		

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