The Elisabeth Kubler-Ross Center

Newsletter Sept. 1984

Sept. 1984, Head Waters, Virginia 24442 (703)396-3441

Shanti Nilaya

Founded by Elisabeth Kubler-Ross, M.D. in 1977

Our office

Our sheep

Dear Friends,

This is a smaller newsletter as a result of our across-the-country move and our efforts to economize while the building of our center 'swallows up' all our savings. We keep our fingers crossed that our fundraising drive brings in enough money to least winterize the already completed structures, until we can proceed with the completion of our dream. Our entire staff with the exception of Judy, Toni, & Sheila moved with the office and their own households from Escondido, Calif., to Head Waters, Virginia in the first week of July. I celebrated my 58th birthday in my log cabin on the hill, in the midst of forests with a beautiful view into the Shenandoah mountains. My house had a lot of things incomplete and we are hurrying to get at least the heating, plumbing, and electricity done as I am leaving at the end of August and will visit Europe, New Zealand, Australia, back to Europe and Alaska before returning home in the midst of December — with many lectures and workshos scheduled en route.

While the building of this Center takes more time and money than all the estimates we had received a year ago, we are proceeding nicely. This is mainly thanks to the many hard-work volunteers we have had since the beginning of this year. We want to thank all those who spent their vacation or other free time to lend a hand with carpentry, cooking, gardening and/or canning. We are almost self-sufficient in regard to food, with a huge and very productive vegetable garden and a barter-system with lovely neighbors & friends. We have presently 30 chickens & 48 sheep, and a horse has been donated which will be delivered in a couple of weeks. We grow large amounts of corn, beans, and potatoes & have over 400 cans of vegies already in the pantry. Volunteers from Germany, Switzerland, England, Canada, and the USA have contributed. Due to the urgent need of more money, I will be "on the road again" and wil do more Benefit lectures until the end of the year. I will therefore be unable to answer mail and will not participate in the scheduled October Workshop in Virginia or the one tentatively planned January 1985 in Hawaii. We have the best trained staff and have found a lovely Episcopalean Retreat Center near our farm where the October 1984 Life, Death and Transition Workshop will be held.

We can no longer accomodate any visitors or new volunteers, as our farmhouse has limited space and sewer facilities and is filled over capacity! We do need, however, more carpenters, plumbers, and electricians even if they can only come on the weekends — like some local volunteers who have been a great help to all of us. We also need someone familiar with industrial kitchen design & someone who may have connections with restaurants which sell their inventory. Does someone know of a hotel which discards their mattresses and beddings and would like to donate to our organization? Our Center will accomodate up to 90 people.

I have a 1964 1/2 Mustang with the original license plates & rebuilt engine that I am donating to Shanti Nilaya if someone is willing to exchange it for a good, sturdy, hard-working pick-up truck to haul cement, rocks, and lumber.

How many of you who have attended my LDT Workshops are interested in a 3-day follow-up workshop given by Sheila Hill, Sharon Tobin and/or Shep Jeffreys? We are interested in your feedback and ready to start one on short notice.

I hope you will join our new membership drive which is described on the back of the newsletter. And then — after you have looked thru your attic for things our Center could use and you have evaluated how much you can contribute to make our dreams come true — sit back and celebrate with all of us at the Healing Waters Farm; that, we al survived a hectic move across the country (including cats, dogs, sheep and goats); that, Betty our accountant, has recuperated from her coronary; that, two-thirds of our Centers' roundhouses are up; that, our pantry is full; and, last but not least, join us in our thanks for the love, support, energy, and contributions that have come our way during the last few very difficult and at times frustrating weeks. We are able to keep on keeping on.

We would like to thank Dr. Ben Benjamin for his attempts to raise funds for our Center and also Alan Newman of Hollywood, California for his lovely letter on our behalf. Thanks to all those I have not yet thanked for your thoughtful messages on my birthday and those who volunteered their services as volunteers and could not be accomodated due to lack of space as well as those who sent us donations to help meet the enormous costs of our new undertaking. Every gift, no matter in which form it comes, is deeply appreciated.

Remember that I will not be able to read the mail until my return at Christmas time. By then you will already have received your second newsletter from Highland County, Virginia!

Our LOVE and blessings are with you, Elisabeth

Mail Order List

Please Note: Here are current items available. With our move to Virginia, some are low in stock and will soon be unavailable. Thank you for your patience and continued support!!!

BOOKS, BOOKLETS, CASSETTE TAPES, and VIDEOS by ELISABETH . . .

On Death & Dying:
First major work by the author; now considered by many to be the master text on the title.
(hardback) . . . . . $ 7.95
(paperback) . . . . . $ 4.95

Questions & Answers on Death & Dying:
Addresses many questions for those who wish to be effective members of the helping professions. $ 3.95

To Live Until We Say Goodbye:
A moving, human acct. of the work in death and dying; a close-up look at five case histories, with photos by Mal Warshaw.
(hardback) $12.95
(paperback) . . . . . $ 6.95

Death, The Final Stage of Growth:
The author provides viewpoints from ministers, rabbis, doctors, nurses, & sociologists; as well as personal accounts of those dying.
(paperback) . . . . . $ 2.95

Living With Death & Dying:
An informative book which describes house calls, hospital calls, interpretation of spontaneous drawings, and symbolic verbal and non-verbal language.
(hardback) $10.95

Working It Through:
A book about the "Life, Death and Transition Workshops" which are conducted by Elisabeth Kubler-Ross, M.D. & Staff. (photos by Mal Warshaw)
(hardback) $15.95

On Children & Death:
The author and several eminent colleagues answer such questions as: "How does a child regard death?" What 'language' do they use?" In the face of death, what are the child's needs for love, reassurance, and honesty?"
(hardback) $12.95

Remember The Secret:
A beautiful children's story about loving, caring, and loss. Illus. by Heather Preston.
(hardback) . . . . . $ 8.95

Letter To A Child With Cancer — "Dougy Letter"
A booklet written & illus. by Elisabeth for a child threatened by cancer. (postage & handling included)
(1-10 copies) . . . . . $ 2.95 ea.
(11-24 copies) . . . . . $ 2.50 ea.
(25 or more copies) . . . . . $ 2.00 ea.

Video Tapes: (VHS, BETA-II, 3/4 inch format)

Nothing Final: TV documentary on the life and work of Elisabeth Kubler-Ross, orginally produced for BBC in London. Rare footage of house calls with dying patients. (60 minutes)
VHS-$225.00 . . . . . BETA-$225.00 . . . . . 3/4 inch-$250.00

Elisabeth Kubler-Ross: Life, Death and The Dying Patient: Part I & Part II (60 minutes ea.). Made in 1982 at the University of Wash. School of Medicine where Elisabeth was asked to speak to medical students.
Part I — VHS-$85.00 . . . . . BETA-$85.00 . . . . . 3/4 inch-$110.00
Part II — VHS-$85.00 . . . . . BETA-$85.00 . . . . . 3/4 inch-$110.00

Elisabeth Kubler-Ross Lectures In Hawaii: Full two hour lecture presentation on 1/31/82 in Maui.
VHS-$125.00 . . . . . BTA-$125.00 . . . . . 3/4 inch-$150.00

Interview With Terminally Ill Children — Dialogue With Elizabeth And Hospital Chaplain On Life After Death: Taped at U. of Wash. in 1984. (60 minutes ea.)
VHS-$85.00 . . . . . BETA-$85.00 . . . . . 3/4 inch-$110.00

Mail Order Form - Elisabeth Kubler-Ross Center
Gen. Del., Head Waters, Va. 24442

Name _____
Address _____
City _____ State _____ Zip _____
Please type or print legibly. Thanks.

Qty.	Title	Price	Amount

POSTAGE
$1.00 for first item
$ .50 ea. additional
(U.S. FUNDS ONLY)

Sub-total _____
Postage & Handling _____
Va. Res. add 4% Tax _____
Total (U.S. FUNDS) _____

Charge card no. _____
Exp. date _____ Signature _____

Cassette Tapes by Elisabeth . . .

Life, Death & Life After Death:
(60 minutes) . . . . . $ 8.00
The Healing In Our Times Conference Lecture:
(90 minutes) . . . . . $ 9.00
Elisabeth Talks To High School Students:
(60 minutes) . . . . . $ 8.00
The Maui Prison Tape:
(60 minutes) . . . . . $ 8.00

Other Favorite Cassette Tapes

Ocean, beautiful flute music by Larkin. $ 7.95
Tell It From The Heart, by Gary Lapow. (SALE) $ 5.95
Accepting Change-Moving On, by Emmett Miller, MD. In whatever form, loss can lead to a greater appreciation for your unique strengths & abilities. Guides you thru letting go and moving on. $10.95
The Healing Journey, by Emmett Miller, MD. The words & music (side 1) and the music alone (side 2) are designed to facilitate the healing process. $10.95

And . . .Songs By The Brothers Of Weston Priory

Wherever You Go -Used in Elisabeth's workshops, a wide spectrum of inspiring songs. $ 7.95
The following tapes by the Brothers are on **SALE** for . . . . . $ 5.95
Calm Is The Night . . . . . So Full Of Deep Joy
Go Up To The Mountain . . . . . Listen
Locust & Wild Honey . . . . Winter's Coming Home
Christmas Songs . . . . . Spirit Alive
That There May Be Bread

Other Interesting Books . . .

Quest, by Derek Gill, biography of Elisabeth Kubler-Ross, M.D., her early years.
(hardback) $11.95
(paperback) . . . . . $ 3.95
The Quiet Mind, (a White Eagle Book), "sayings" chosen to give guidance & help with living. $ 3.50
Prayer In The New Age, (a White Eagle Book). Inspirational prayers of this spirit leader. $ 3.95
I, Monty, by Marcus Bach. Monty is a caterpiller. More correctly, Monty is a butterfly. To be perfectly correct. Monty is you. *$ 8.95*
Ano, Ano the Seed, by Kristin Zambuka. The history of the *Hawaiians, their culture, and introduction of Christianity.* A tribute first to the Hawaiians and second to the mankind's endless quest for meaning. $ 9.50
Love Is Letting Go of Fear, by Gerald G. Jampolsky, MD. His story of how the "Mini-Course in Miracles" has helped his life, plus more. $ 5.95
Easy Death, by Da Free John. Collection of Talks, essays & personal accounts. This book will change how a person chooses to live every moment of life. $10.95
Who Dies, by Stephen Levine. An Investigation of Conscious Living & Conscious Dying addressess what most people consider to be a sensitive subject.
(paperback - 336 pages) . . . . . $ 9.95
The Hundredth Monkey, by Ken Keyes, Jr. Brings us to Higher consciousness about nuclear war. Prevention is stressed and how we each can help. $ 2.00
Focussing, by Eugene T. Genlin, Ph.D. Helps you get in touch with "old" tucked away feelings. $ 3.95
Children As Teachers Of Peace, by Center for Attitudinal Healing. Written by children, giving their views of what peace is. $ 7.95
As a Man Thinketh, by James Allen. The discovery & perception of the truth that — "They themselves are makers of themselves." $ 1.50

Also, from our mail order . . .

T-Shirts: Limited stock, please state 2nd & 3rd choice. 50% cotton/50% polyester! Ladies run small. Available yel/blue/red. **Special Price !!!** Two for $ 9.95.
"A" — "Where There Is No Love Put Love, And You Will Find Love"
"B" — "It Is Better To Light One Candle . . ."
"C" — "I'm Not Okay, You're Not Okay, And That's Okay" (small only)
"D" — "Shanti Nilaya emblem (no large)

1984 Calendar — "Moments In Living": Photography of Skyler Rubin Posner and drawings of Shurlee Lee. Each month's picture and spiritual quote by Elisabeth will enhance your life. A beautiful keepsake.
Reduced $ 3.00

Free Calendar With $25 Purchase . . .

Caterpillar Butterfly — Used by Elisabeth in her workshops, this soft zippered caterpillar turns inside out to reveal a colorful full grown Monarch butterfly ready to take off. Item No. R904 . . . . . $23.95
Rubber Hoses Item No. R802 . . . . . $ 6.00

This first issue of our 'new' newsletter is condensed due to time factors and financial obligations in printing. Look for MORE in our Christmas edition . . . . .

Here is a partial list of other contacts and/or people interested in starting support groups. If you are starting a group and are not listed or want to meet with other involved persons, please drop us a note . . .

Alaska
Susan Lahaie, 8610 E. 17th Ave., Anchorage, 99504, (907)338-0706

Jan Dennison, Box 870634, Mat-Su Valley, Wasilla, 99687, (907)376-2328

Jonathan Emerick/Bobbie Leone, Box 855, Fairbanks, 99707

California
Phyllis Siegel/Ted Siminoski, 1917 Baxter., Los Angeles, 90039, (213)661-9464

Nancy Winters/David Mullins, 1046 LeRoy St., San Diego, 92106, (619)222-0104

Joyce Mathos/Doug Chandler, Box 6231, Santa Rosa, 95406, (707)528-7046

Nancy Ruth Jaicks, 2909 Regent St. No. 3, Berkeley, 94705, (415)549-1561

Connecticut
JoAnn Mecca/Donna Yanofsky, 128 Greenwood St., East Hartford, 06118, (203)569-8747 or (203)563-3035

Canada
Gwen Brown, 18 Triton Bay, Winnipeg, Manitoba, Canada R2M 2E9, (204)257-7442

Sandra Mato, 208 Pt. McKay Terr. N.W., Calgary, Alberta, T3B 4V6

Florida
Kathleen Sindecich, 5020 Ortega Blvd., Jacksonville, 32210, (904)384-3985

Hawaii
Shelby Parker, 3015 Kalakaua Ave. 401, Honolulu, 96815, (808)923-8278

President, Box F, Paia, Maui, 96779, (808)579-9981

Illinois
Dave/Lois Thompson, 561 Dogwood Trail, Elk Grove Village, 60007, (312)437-4489

Massachusetts
Marilyn Brier, 15 Parkinson St., Needham, 02192, (617)444-7977

Maryland
Bill Griswold, Box 269, Arnold, 21021, (301)974-4224

Michigan
Sue Sweeney, Box 1156, Royal Oak, 48072, (313)540-2964

Kath Housler, 602 N. Center St., Royal Oak, 48067, (313)547-6731

New Jersey-Princeton
Janet Scheck, 123 G Concordia Cir., Cranbury, 08512, (609)655-5245

New York
Hilda Dunne, 198 Jay St., Albany, 12210, (518)436-0620

Bonnie Hallett, (Wellsville), (716)436-0620

Ginger Sendor/Cathy Fanslow, Box 313, Westbury, 11590

Oregon
Jan Hare, 1608 N.W. 23rd St., Corvallis, 97330, (503)752-7359

Puerto Rico
Angel Diaz-Montanez, D-12 Grant St., Parkville Guaynabo, 00657

Overseas Groups

Australia
Rita Ward, Box 178, 175 Sailors Bay Rd., Suite 2, Northridge, 2063, Sydney, Ph. 02-95-5461

Brazil
Barbara Swirska, Caixa Postal 54167, 01296 Sao Paulo

England
Jeff Saunders/Fiona Wallis, P. O. Box 212, London, N.W. 8, Ph. 03-42-810-756

Germany
Tine Rein, Obere Brandstrasse 44B, D-7000 Stuttgart 80, Ph. 1711/71 1999

The Netherlands
Marianne Auker, Emmastract 57, 2595 EH's - Gravenhage

Sweden
Pia Ringstrand, Norrtullsg 53, S-11345 Stockholm, Ph. 08-332828

Switzerland
Eva Bacher, Grenzacherweg 37, 4125 Riehen, Basel

Three generations stop for lunch before picking more beans . . .

The "Roundhouses" — they will be finished by next spring . . .?

Training Program For Health Care Professionals

Requirements for Training Programs are participation in at least one "Life, Death and Transition Workshop" and limited to those accepted by Dr. Elisabeth K. Ross.

The weekend training workshops are residential retreats with a maximum of 20 participants. Tuition cost is $200 with room and board fees additional, and varying sites. Contact our coordinator for more details.

1984

October 12 - 14
Training I Program
Madison, Va. 22727

November 9 - 11
Training II Program
Oyster Bay, N.Y.

1985

January 11- 13
Training I Program
Watsonville, Calif.

May 10 - 12
Training I Program
Manitoba, Canada

March 15 - 17
Training I Program
Watsonville, Calif.

March 18 - April 4
Training I Programs
Holland (please send in desired dates with applications)

May 3 - 5
Training I Program
Watsonville, Calif.

June - October
Training I Programs
Head Waters, Virginia

August
Training II Program
Watsonville, Calif.

And, during these Training Programs . . . . **Opportunity for follow-up personal growth work** (as guests)!

The second day (Sat.), of the Training Programs, participants may come & work on personal issues. Level I & II trainees will be their facilitators supervised by the teachers. **Costs are for room & board only.** Dates are same week-ends as above.

Gregg Furth's 1984 Schedule

Key: I — Introduction to the interpretation of Spontaneous Drawings I.

Key: II — Fairy Tales and the Interpretation of Spontaneous Drawings II.

Key: III — House, Tree, Person, Dreams and the Interpretation of Spontaneous Drawings III

Sept. 9 - 13
Intro. I

Friends/Long Island
P.O. Box 313
Westbury, N.Y. 11590
(516)334-0950)

Sept. 16 - 20
HTP & Dreams III

Friends/Long Island
(same as above)

October 14 - 18
Intro. I

Audrey Simek
1414 Cedar Lane
Northbrook, IL 60062
(312)272-7622 or 272-4842

Nov. 4 - 8
Intro. I

Dougy Centre
P.O. Box 66461
Portland, OR 97266
(503)253-1404

Nov. 9 - 13
Dream Symbols & Interpretation of Dreams — A Jungian-Senoi Approach

Dougy Centre
P.O. Box 66461
Portland, OR 97266
(503)253-1404

1985

January
(tentative)
Intro. I

Friends of Shanti Nilaya/-Boston
Contact: Marilyn Brier, 15 Parkinson St., Needham, Mass. 02192. (617)444-7944 (evenings) or (617)523-5177 (days).

Life, Death and Transition Workshop

Registration procedure: The fee for the workshop is $550. (U.S. dollars). There are a few scholarships offered based on crisis or need. Please contact our Workshop Coordinator for more information. The fee does not include transportation to and from the workshop site. Due to limited space in this issue, we have not included a registration form.

1984 Workshops

Sept. 10 - 14
Emmaus Retreat Conf. Center
Wayhams Road
West Wickham, Kent, England
Contact: Jeff Saunders/Fiona Wallis
P.O. Box 212
London, N.W. 8
England

Sept. 17 - 21
Palazzo di Agra (in German)
Agra, Switzerland
Contact: Eva Bacher
See November (Switzerland)

***Oct. 15 - 19**
Shrine Mont
Orkney Springs, Virginia

Nov. 9 - 13
Australia (near Sydney)
Contact: Rita Ward
P.O. Box 178
175 Sailors Bay Rd., Suite 2
Northbridge 2063
Sydney, Australia

Nov. 21 - 25
Agra (near Lugano)
Contact: Eva Bacher
Grenzacherweg 37
4125 Riehen/Basel
Switzerland

***Dec. 3 - 7**
Meier Lake Conference Center
Wasilla, Alaska

1985 Workshops

***Feb. 4 - 8**
St. Francis Retreat
San Juan Bautista, Calif.

***Feb. 18 - 22**
Mission San Luis Rey
Oceanside, Calif.

***March 11 - 15**
Sorrento Centre
Sorrento, British Columbia

***March 25 - 29**
Healing Waters Farm
Head Waters, Virginia

***April 1 - 5**
Healing Waters Farm
Head, Virginia

May 6 - 10
Holland (in English)
Contact: Pieter Sluis
Chopinplein 14
2421 TT Nieuwkoop
The Netherlands

May 13 - 17
and
May 20 - 24
Austria (in German)
St. Gerold
Vorarlberg, Austria
Contact: Eva Bacher
Grenzacherweg 37
4125 Riehen/Basel
Switzerland.

***June 17 - 21**
Healing Waters Farm
Head Waters, Virginia

We have two 5-day LDT workshops scheduled for 1985 that will be conducted by Elisabeth's well-trained staff:

***April 22 - 26**
San Juan Bautista
California.

***Jan. 28 - Feb. 1**
Hawaiian Islands
(any ideas for any site?)

***Contact:** Workshop Coordinator
Elisabeth Kubler-Ross Center
General Delivery
Head Waters, Va. 24442
Or call (703)396-3441

Children's Workshop October 21, 1984

Ages: 7 - 11

Cost: $75 (this includes lunch)

Place: Woodcliff, New, Jersey

Contact: Suzanne Kibrick, Workshop Coordinator, Elisabeth Kubler-Ross Center, Head Waters, Va. 24442. Or call (703)396-3441.

★★★★★★

Please drop **Mary** in our Mail Order Dept. a note if you are interested in purchasing our New 1985 Calendar featuring pictures of Healing Waters Farm and the beautiful Shenandoah Valley. (Ready for mailing by Nov. 15th)

List of Needs For the Farm . . .
Vehicles — car, pick-up truck, anything including a tractor & backhoe for the winter.
For the Workshop Center . . .
Cooking supplies & linen, commercial stainless steel kitchen equipment. (Please call us with specifics . . .)
Also Needed . . .
3/4 inch Video recorder and camera for future Teaching Fils by Elisabeth.

Issues In Consciousness: The Near-Death Experience
(on Oct. 12 & 13 and Oct. 21 & 22)

Faculty includes: Kenneth Ring, Ph.D.
Raymond A. Moody, Jr., M.D., Ph.D.

Contact The Quest Institute, P.O. Box 3265, Charlottesville, Virginia 22903 for further information.

New Beginnings — A New Opportunity . . . New Membership Program Starts!!!

Your support has made it possible to continue the message begun by Elisabeth over 15 years ago. Since then, her books, lectures, and workshops have benefited thousands of people all over the world. Training Programs now promote quality support and caring for the **whole** person. In many communities, support groups called "Friends of Shanti Nilaya" or "Friends of the Elisabeth Kubler-Ross Center" have formed where feelings are shared in an open and honest way. In 1977, a non-profit organization called Shanti Nilaya ("Home of Peace") was founded by Dr. Elisabeth Kubler-Ross. In this "house" there are many dreams and visions. You membership will continue to make them come true. **And, by joining together with us now you will receive:**

(1) **Our "new" quarterly newsletter** with upcoming schedules of sponsored events; complete mailing lists of books, tapes, videos; articles from/about our hard-working and growing network of conscious, loving people.
(2) **Priority seating** up to 30 minutes before all lectures by presenting your "Membership Card."
(3) Free "Dougy Letter" with each new membership donation.

Membership Form

Name _____ Date of Birth _____
Address _____
City _____ State _____ Country _____ Zip _____
Would You Like To Contribute:
$15/yr. _____ _____M.O._____M.C._____Visa
$25/yr. _____ Charge Card No. _____
$40/yr. _____ Exp. date _____
Other _____ Please make checks payable to: Shanti Nilaya
$ 6 less _____ (for current paid Newsletter subscription)
☐ Keep me on your mailing list! Check is enclosed! ☐ Take me off your list
☐ I am unable to subscribe now, but keep it coming! ☐ Send complimentary copy to: .
Signature _____ Date _____

Elisabeth's Schedule of Lectures

Date	Place	Sponsor	Contact Person	Info. Phone
Sept.				
1	Brussels	Int'l Transpersonal Assoc.	Dr. A. Pataslides	
2	Holland (Rotterdam)	Rotterdam Univ.	Pieter Sluis	Friend of SN/ Holland
5	Hegensdorf, Switzerland			
6	Austria (Wein)	Friends of SN/Switzerland	Eva Bacher	061/67 35 23
9	England (London)	Friends of SN/England	Fiona Wallace	(01)722-0360
14	Ireland (Belfast)	Liz Comerton	Liz Comerton	643-630
15	Ireland (Dublin)	Mary Paula Walsh	Mary Paula Walsh	906615
Oct.				
4	Germany (Frankfurt)	Friends of SN/Switzerland	Eva Bacher	061/67 35 23
Nov.				
2	Australia (Adelaide)	Friends of SN/Australia	Rita Ward	02-95-5461
4	Australia(Melbourne)	Friends of SN/Australia	Rita Ward	02-95-5461
8	Australia(Sydney)	Friends of SN/Australia	Rita Ward	02-95-5461
15	Australia (Sydney)	Friends of SN/Austrailia	Rita Ward	02-95-5461

Elisabeth Kubler-Ross Center
Head Waters, Virginia 24442

Bulk Rate
No. 10

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